Name: _____ Date: _____

Healthy Living

A	X	H	Y	W	V	U	N	F	K	W	C	H	W	N	Q	H	Z	G	X	Y	K	K	C
J	G	Y	R	U	H	O	A	E	J	I	R	H	N	U	T	R	I	T	I	O	N	D	Z
B	G	O	L	F	H	D	K	R	V	J	U	L	Y	Z	Q	Z	X	S	J	H	U	L	B
I	N	X	S	L	I	R	T	E	I	D	N	B	J	V	K	H	E	M	E	P	W	C	D
K	I	W	S	A	A	T	B	X	H	O	C	K	E	Y	F	C	W	H	E	G	F	I	B
I	P	E	E	T	E	B	N	G	L	U	H	Q	G	D	O	A	G	O	Y	T	D	H	A
N	P	L	X	F	R	M	E	E	J	I	E	Q	N	Y	O	L	F	N	F	W	W	X	S
G	O	L	E	N	U	E	E	S	S	B	S	Q	I	R	T	O	N	O	A	H	B	D	K
P	H	N	R	K	T	H	T	B	A	S	U	A	H	X	B	R	O	I	Z	W	M	N	E
U	G	E	C	K	S	Q	Z	C	H	B	B	P	C	N	A	I	I	T	X	L	W	Y	T
B	A	S	I	O	O	Z	I	A	H	D	G	O	R	P	L	E	T	A	U	G	G	O	B
I	W	S	S	Y	P	P	K	M	E	I	J	J	A	T	L	S	A	T	C	S	D	X	A
B	Q	U	E	F	X	A	B	C	X	V	N	A	M	U	O	T	X	I	O	G	A	Y	L
S	O	C	C	E	R	E	A	Z	N	H	H	G	M	Z	D	B	A	D	D	N	N	G	L
T	T	K	R	O	L	L	E	R	B	L	A	D	I	N	G	R	L	E	C	E	C	E	Z
R	F	N	G	G	N	O	R	T	S	W	F	F	V	O	L	P	E	M	E	O	E	N	R
S	P	A	Q	R	X	R	S	P	E	K	L	P	A	C	B	X	R	R	G	B	D	Y	U
K	U	K	G	I	Y	G	T	F	B	U	W	X	U	H	W	L	F	N	J	E	H	Y	N
I	E	A	N	R	P	A	G	Y	N	E	H	U	G	B	Z	I	I	Y	O	Y	E	Y	N
P	F	N	I	X	O	N	X	G	Y	T	O	H	X	Q	U	M	R	N	K	I	A	T	I
P	T	Q	K	E	F	S	S	X	L	C	E	X	L	D	M	D	U	Y	A	C	R	K	N
I	V	B	L	X	P	D	D	A	S	Y	D	A	J	I	B	X	O	T	D	K	T	O	G
N	I	M	A	F	P	N	E	C	F	I	U	S	W	L	A	V	C	F	U	F	D	Z	Y
G	Y	R	W	Y	J	H	I	B	Q	G	K	S	Q	L	P	R	I	G	C	C	J	E	I

rollerblading
nutrition
marching
hopping
hockey
oxygen
heart

basketball
swimming
skipping
running
soccer
health
yoga

stretching
football
crunches
walking
biking
dance
diet

meditation
baseball
exercise
posture
strong
zumba

relaxation
calories
wellness
fitness
organs
lungs