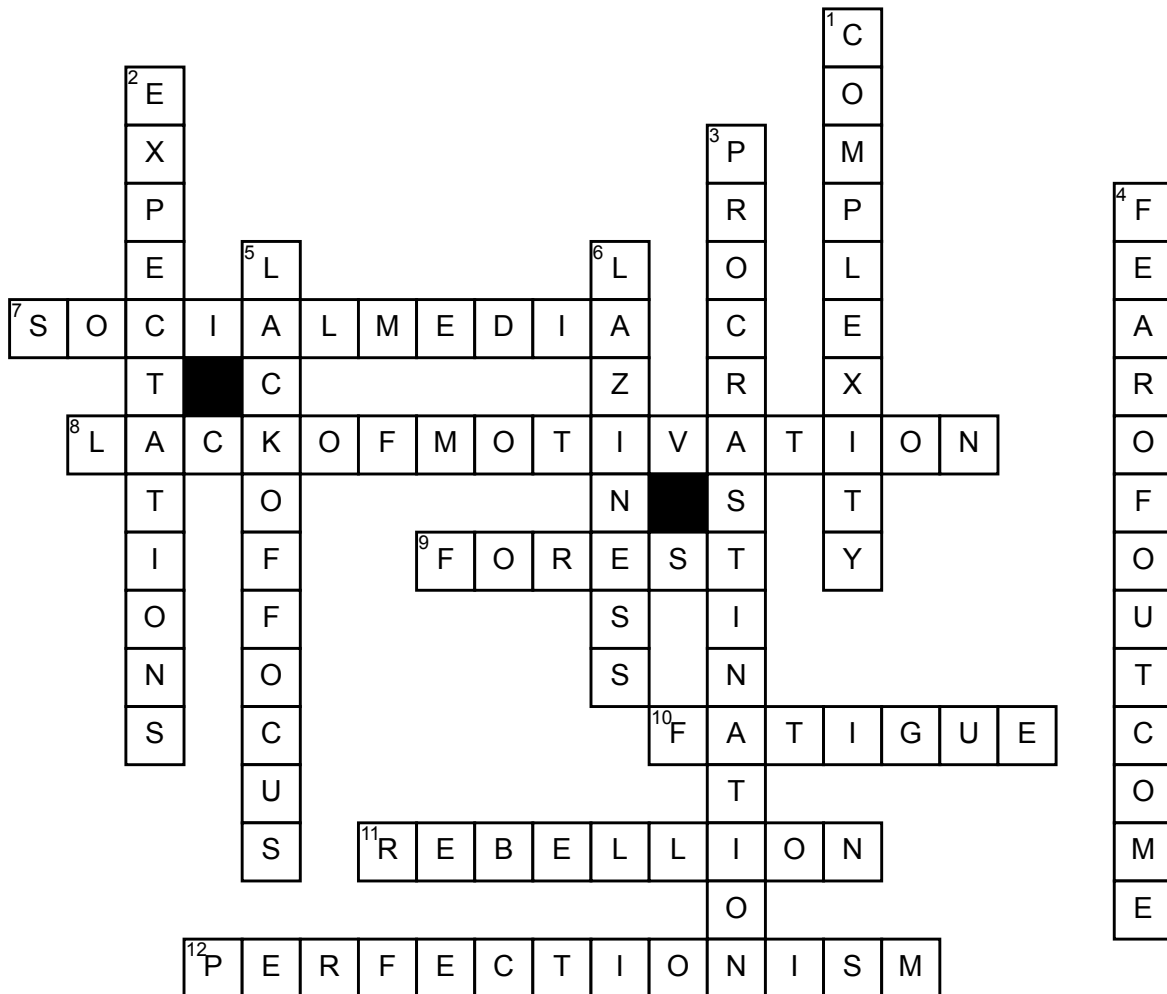


# Procrastination Crossword Puzzle



## **Across**

**7.** Apps or websites that are designed to distract you. (eg. Twitter and Instagram)

**8.** Not wanting to do an assignment or the assignment doesn't interest you.

**9.** An app that allows you to set a timer for time that you spend off of your phone.

**10.** Not getting enough sleep at night which results in not being able to work.

**11.** Trying to put something off as long as possible.

**12.** Pressuring yourself to try to make something perfect instead of meeting the standard that is set.

## **Down**

**1.** Not understanding how to do a project which results in procrastination.

**2.** Expecting something to be hard and therefore procrastinating.

**3.** Putting off or delaying, especially something requiring immediate attention.

**4.** The fear of failure or not knowing what to do if you succeed.

**5.** Having distractions in your environment which result in you not being able to concentrate.

**6.** Not wanting to do something.