

Name: _____

Date: _____

Act of Contrition

U E Y T E N E I P Q Y L M R I F J R U O Y V D A
W D S I R Q Y U B K U F E E N F D N E F F O E V
Y T O A K P E N A N C E S W Y W J H Q X Q W E J
M X R B C M L N D N C P L E H J G O N C E W F W
S L R U O X J I F Y O U B C Y O N M Q W D I X Q
T A Y M V C L N B N Z U E G D F S R A G P L P J
C H J E N E M A Y U J O W N N G R H W E H L B P
J R Q K D V O T U R U B K I E R P D E S Z O O L
U A X C E X B W B F B P F V P A Q I U N H V X E
S Q Q K D I X H V T X B A R F C U T Y I D E N D
T D M C N S E L T S O M H E R E C W P S G J F E
E K N W E G S I L X I U M S M Z V P N V M Z U T
F O X R F J S I V P F G S E L K H S X F U A U E
I K N Y F Q A M E N D P V D U M D U H O I P G S
L D E B O M V Q S H J J P L Z B O I S N C G I T
S T N E M H S I N U P Z E H S Y O L L N L M H A
G A X D B E C A U S E X X W P B G E S W X Q W H
L O L S Z R E S O L V E U L W Y L I T R A E H P
Q E S Z R I C U Y D O G N J K J I E L X K C G J
Q B K M D U D Q V L J Q I R C R G N I V A H Z F
K P G K M I C S A W N O N C P J V N A M O H B X
D Z C C O N F E S S Z B E K T P X A Q Y H B J J
P D R P H V L U E Y R C B G L I M U T D N N H C
F M Y H E R I S X R Z K X N R R X Y Q U Q N T W

punishments
confess
having
Amen
love
You

deserving
penance
offend
good
most

heartily
resolve
amend
help
sins

offended
detest
Grace
just
Your

because
firmly
sorry
life
God