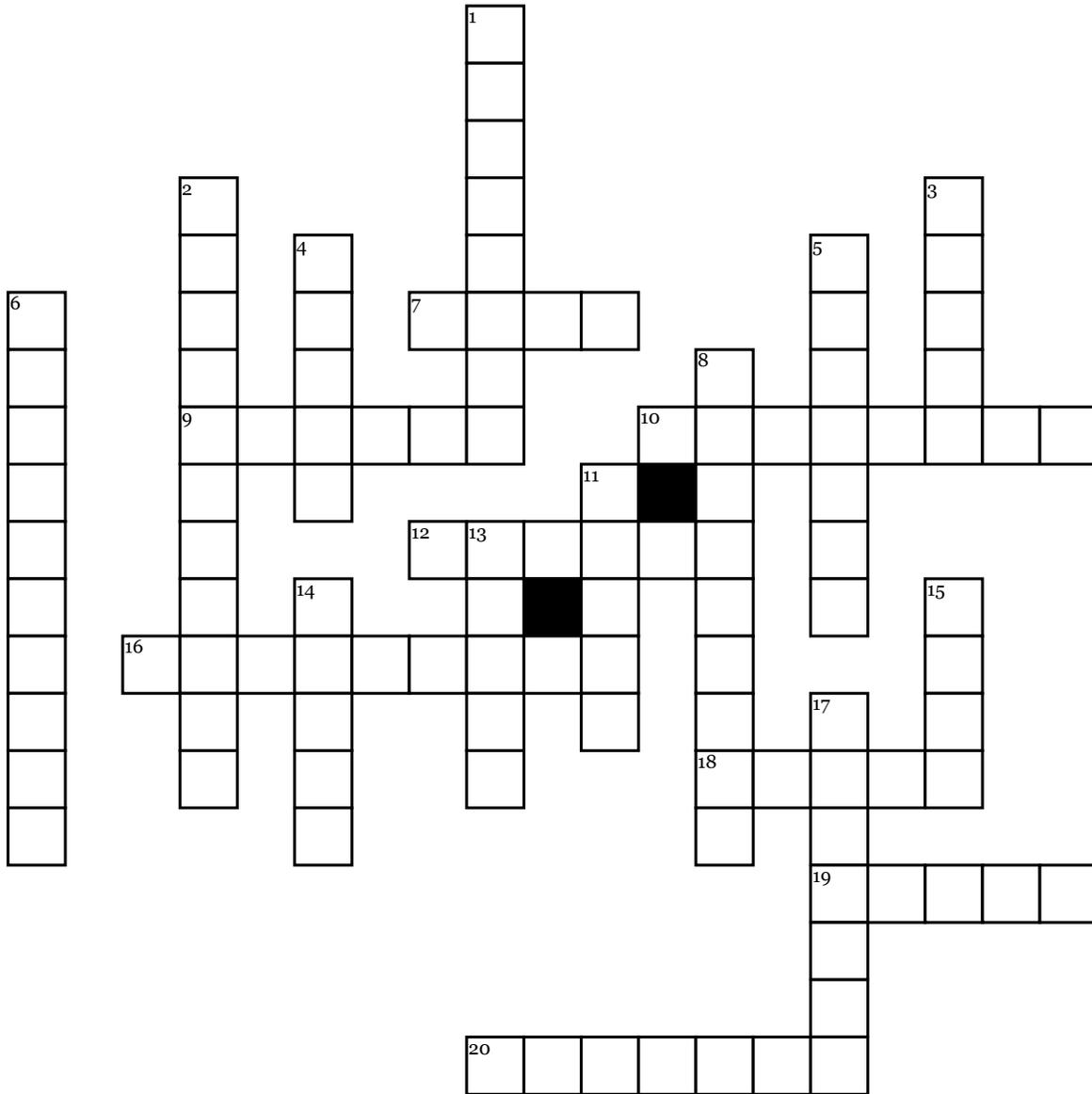


Are you a nutrition pro?



Across

- 7. Trail mix usually has a variety of mixed _____ which are a good source of fiber.
- 9. This small sweet seedless fruit can be green or red.
- 10. Vegetable that looks like a tree.
- 12. Monkeys love to eat these!
- 16. SpongeBob lives in a _____ under the sea.
- 18. The small meal before lunch and after breakfast.
- 19. The opposite of sour potato is _____.

- 20. Yogurt tastes best with fresh blue _____.
- Down**
- 1. A palm tree grows this specific fruit.
 - 2. This fruit juice contains lots of vitamin C.
 - 3. This fruit rhymes with tango.
 - 4. Lettuce, cucumber, and tomato make the best _____.
 - 5. Milk contains this mineral in order to make your bones strong!
 - 6. Green beans, broccoli, and peas are all examples of nutritious _____.

- 8. This meal helps you do great in school.
- 11. You should always drink _____ throughout the day to stay hydrated.
- 13. "An _____ a day keeps the doctor away!"
- 14. The most delicious sandwich is peanut butter and _____.
- 15. You pour this over your cereal to make it taste yummy!
- 17. Dried grapes are often called _____.