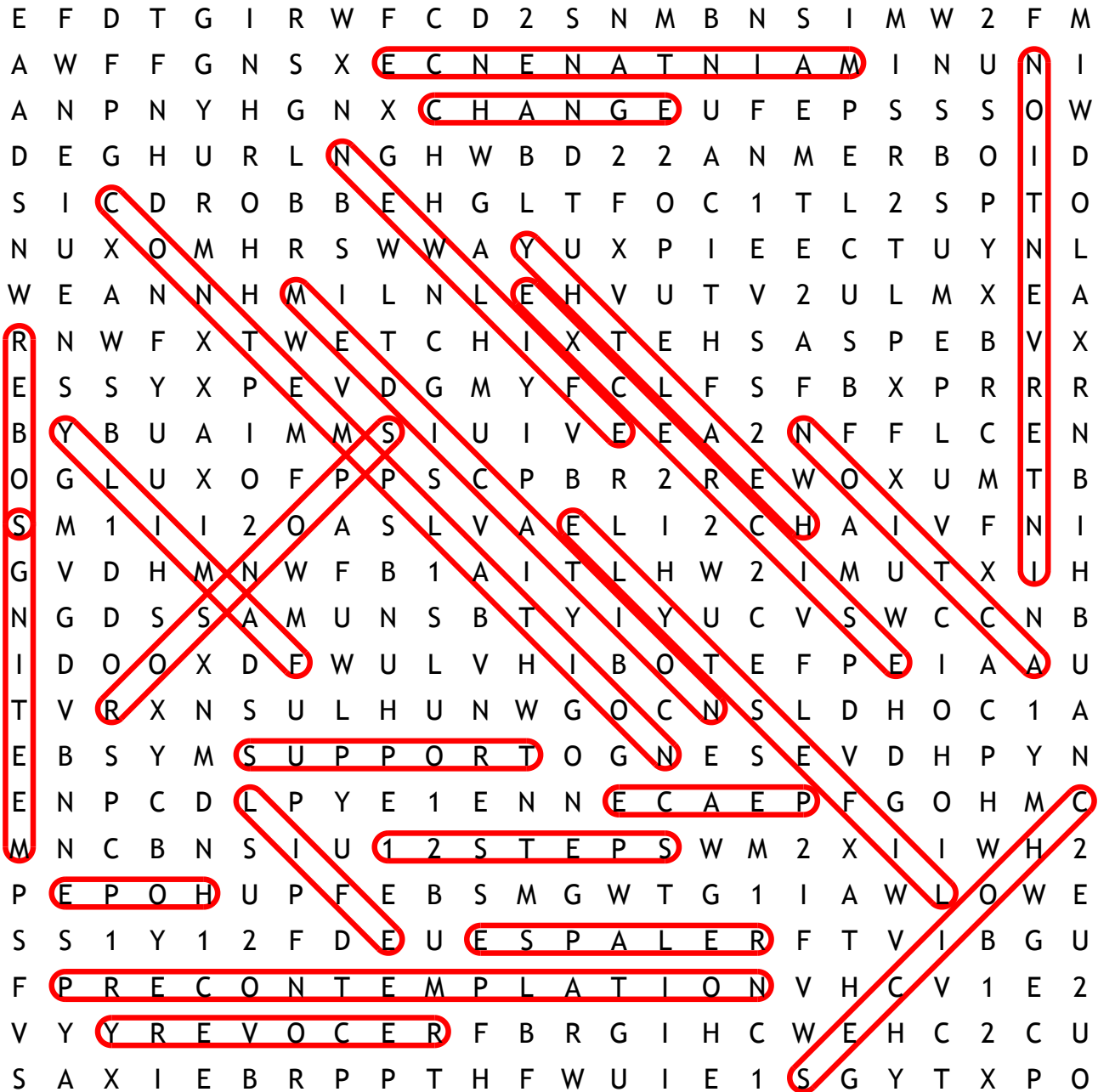


Name: _____

Date: _____

Six Stages of Change in Addictioin Recovery



pre-contemplation
medication
meetings
support
change
peace

contemplation
lifestyle
12 steps
relapse
action
hope

intervention
excercise
recovery
choices
family
life

maintanence
new life
sponsor
healthy
sober