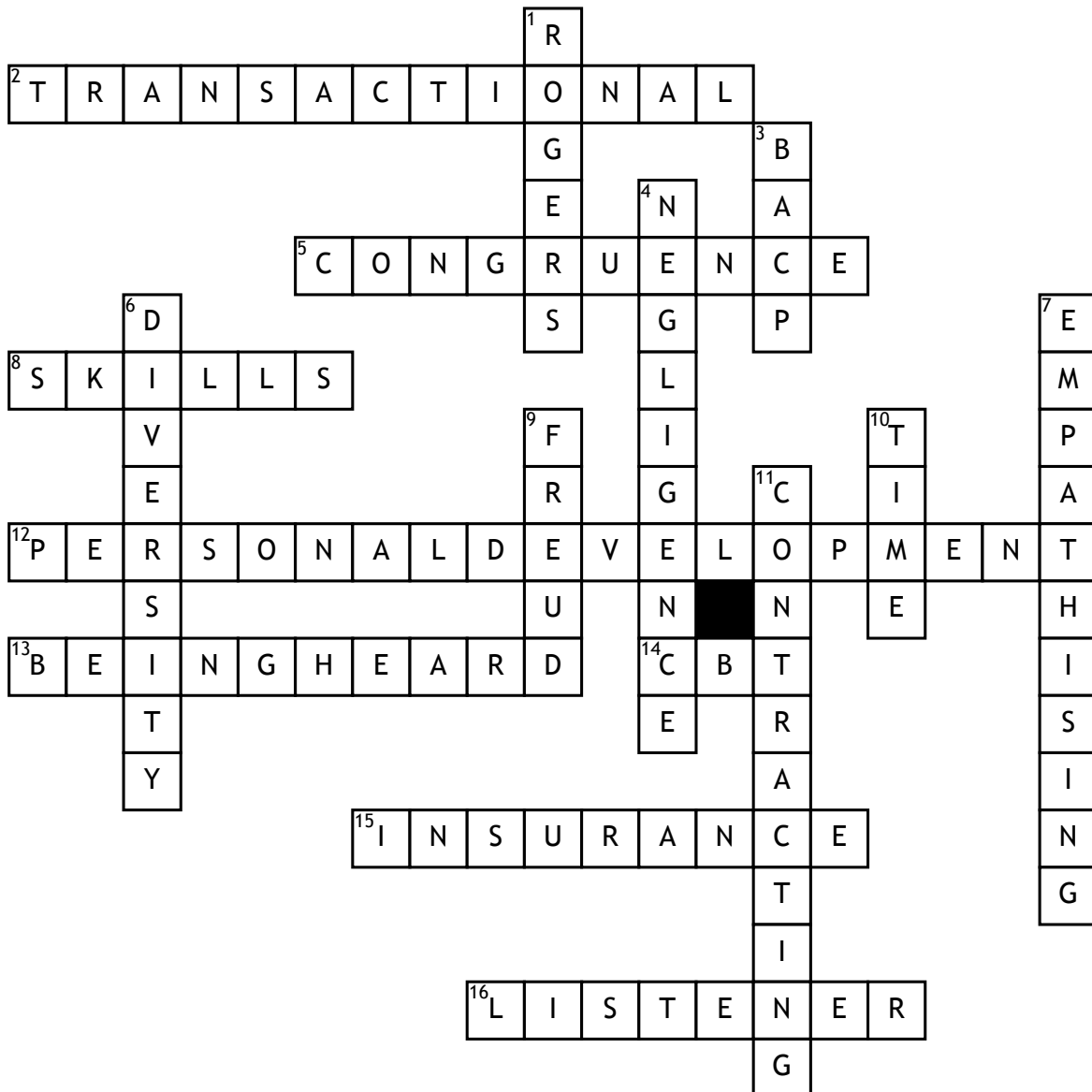


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Counselling Crossword



## Across

2. Berne wrote about this type of analysis.  
 5. Being true to yourself in a counselling situation, being genuine.  
 8. We have been working in triads to practise these.  
 12. A life-long process  
 13. An important part of the counselling relationship.

14. This type of therapy is good for specific, time-measured, focussed problems.

15. You need this to protect yourself.

16. Sometimes we work in the role of speaker, sometimes as...

## Down

1. The main founder of the Person-Centred Approach.

3. Acronym for main body of counselling ethics.

4. If things go wrong, you could be accused of this.

6. This includes our values, identity, physical attributes.

7. Putting yourself in someone else's shoes for a bit.

9. An influential psychologist.

10. An element of contracting.

11. Crucial to a good working relationship; done at the start of the session.