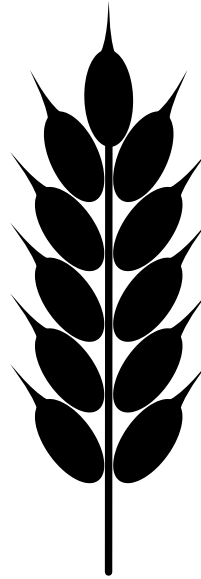


Name: _____

Date: _____

Grains

gelatinization
wheatberries
wholegrain
endosperm
Wild rice
Triticale
Buckwheat
Amaranth
Sorghum
popcorn
gluten
starch
bulgur
barley
Quinoa
Millet
Barley
flour
fiber
farro
spelt
Wheat
bran
germ
rice
Oats
Corn
Teff
Rye



Z	I	B	U	L	G	U	R	Z	U	G	S	B	K	C	J	W	K	G	F	Q	L	B	S
G	T	N	M	D	A	G	S	O	R	G	H	U	M	G	C	T	I	C	T	R	B	T	T
T	R	A	N	S	T	W	J	P	N	S	T	A	O	X	E	G	Z	L	U	W	Y	P	A
Y	I	H	R	R	E	O	L	D	Y	X	O	Y	Y	I	Y	S	T	N	D	G	V	C	R
Y	T	X	W	L	V	A	L	S	T	R	I	R	C	D	R	S	U	C	V	R	N	F	C
B	I	N	L	B	D	N	Y	C	E	I	R	N	R	C	M	V	U	V	C	I	I	R	H
G	C	G	O	W	V	S	I	K	F	I	W	N	J	A	X	F	C	N	T	Y	B	C	B
A	A	P	Z	I	B	F	P	A	F	G	R	B	H	D	F	L	L	O	E	A	J	O	E
R	L	Y	Q	W	T	X	Q	P	R	O	T	R	C	P	A	L	U	T	R	W	Z	Z	G
O	E	G	E	R	M	A	H	V	C	G	X	A	E	O	G	R	I	L	A	I	R	V	D
B	J	T	H	V	H	W	Z	P	V	F	E	N	E	B	B	E	E	I	P	U	R	C	B
U	Y	K	X	I	A	T	O	I	E	N	N	L	K	H	T	Y	S	H	V	I	K	J	S
C	M	E	Q	S	L	P	C	G	N	P	Z	P	O	N	W	A	M	L	C	N	C	P	B
K	Y	A	B	E	T	W	D	U	J	I	N	G	P	H	O	C	E	E	W	P	N	O	F
W	S	M	P	A	V	F	Y	V	I	L	T	V	X	N	W	N	M	H	U	K	G	B	U
H	N	S	V	X	M	Q	I	M	S	W	B	A	I	T	P	E	C	O	W	S	R	M	X
E	A	W	T	P	M	A	K	E	N	P	L	U	L	V	Y	V	O	B	W	U	N	R	Y
A	K	Z	C	C	Z	N	R	M	M	M	Q	O	U	E	K	W	J	O	T	Y	P	U	R
T	E	E	G	V	C	Q	E	A	N	Z	J	B	L	A	G	L	F	P	Y	I	K	O	N
B	Y	V	U	M	M	S	N	N	N	K	Q	R	U	K	N	E	T	U	L	G	E	L	R
I	A	E	M	O	J	Z	A	G	E	T	A	H	U	X	A	X	Q	A	N	O	O	F	A
Y	Z	C	R	W	T	R	Z	M	X	B	H	O	R	A	W	N	V	I	I	A	X	U	S
M	M	Y	Q	S	B	G	O	Y	L	R	R	E	B	I	F	O	N	R	O	C	N	W	A
E	N	D	O	S	P	E	R	M	C	Q	T	E	L	L	I	M	W	E	U	L	P	M	M