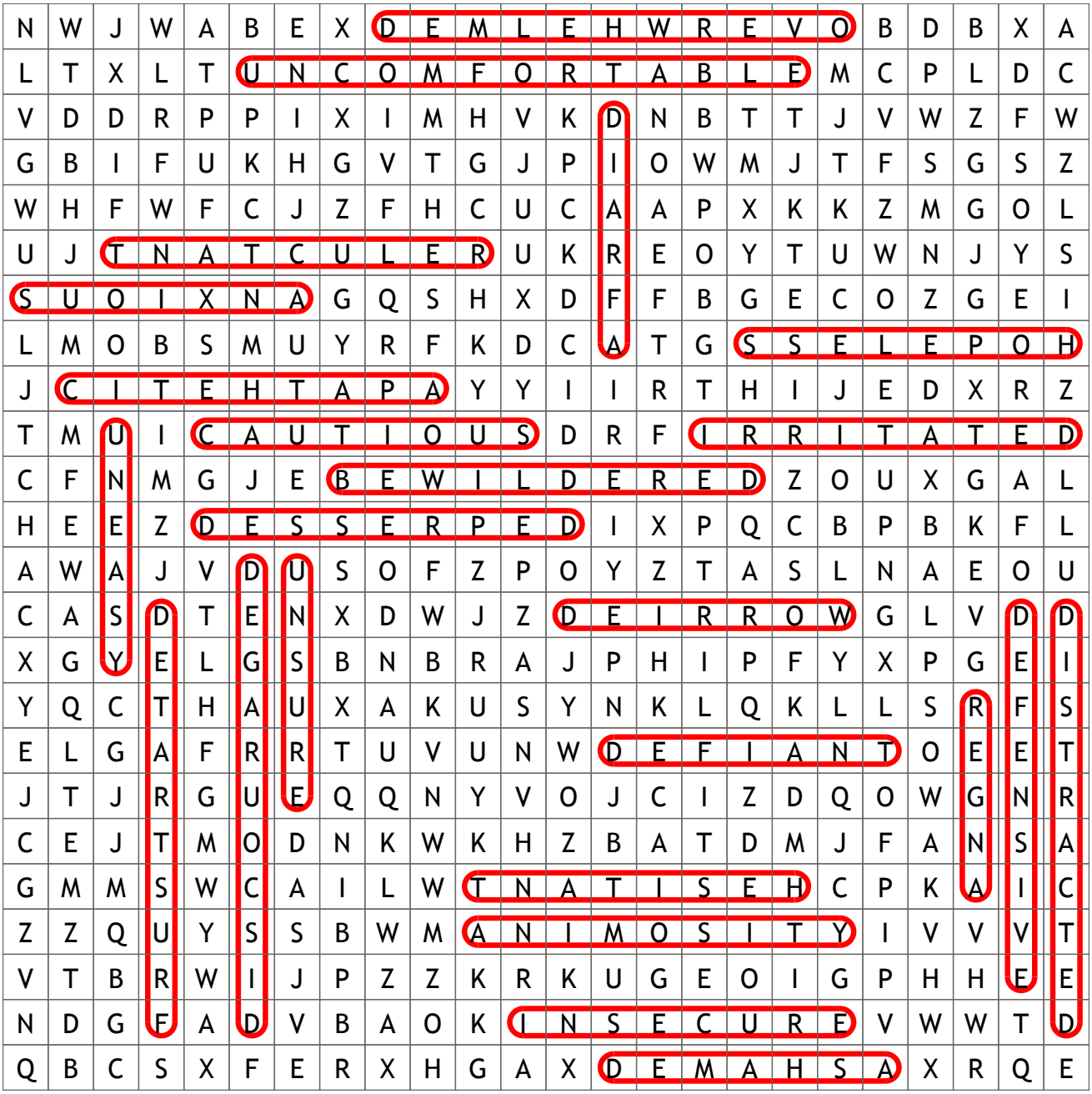
Name: _____ Date: _____

Mental Health Awareness / Feelings



uncomfortable	discouraged	overwhelmed	bewildered
distracted	frustrated	depressed	apathetic
reluctant	irritated	defensive	animosity
insecure	cautious	hopeless	hesitant
worried	anxious	ashamed	defiant
afraid	uneasy	unsure	anger