

Name: _____

Date: _____

healthy living

T T A W P R U G N U Q V O R R P P O Q V V N B O
Y S B A N A N A S Y K N Y U U B X U X K K Q X K
S H I L K S J O F Q D U N S W S I T U P S P G U
Y G B W F E I I A S P K H S B P H U R K V F D U
A B Y V L X O W U E G U R R M Z B Y A I H B R K
A C M E X X P A Z Q P Z G F O E I M B Y W Q L J
O P V A T Y J T N S O X Z Z G N U A H G H I A O
E E P T A N Q Z I G N I C N A D P B E Z M U U O
G T S L C A O O Z D F F P V U V S B E N U F W W
F M I I E V L Y W L B L D P W R V N E R R U U M
C C A S C O O E X A M T K G J I Z P U O R G F A
T Y U K E R S D T O L C E D B P Q R S U S I R F
B L V I X G E W G T P K C G F D S W T J S P E E
U N C T E L N X I K S G P S R F Z X W Y A N F S
U K Q T R T K A E M V Q Z F A X J S R P L M R S
Z E F I U A X P R S M X Q S T A E M N A E L T J
S N I M A T I V V O T I D A N Q Y Q T S U U D I
D S X J M S S L Y B V Q N D Z L B W V I N A L C
B M K B J R Y U R T N I A G L P Y O U X S O X I
P D W I D R E J G N T R Z M T P L Z Z O C M Z I
M O F G P T G V I K R S V W I S P U K C E H C I
F J W I X J U M P R O P E O J V P N O A N T J E
L S V N C F F E X S L O T B G Q G R Y B E V X G
Y J W U T W S C C T Y G E Z N S B X F W Z T P A

lean meats

exercise

berries

sit ups

skip

check ups

swimming

dancing

apple

walk

jump rope

vitamins

oranges

milk

eat

broccoli

bananas

pushups

nuts

run