

Name: _____

Date: _____

recreation therapy

A D I S T R A C T I O N N A A R F Z Q C C W H Q
V O Y F L F R B A I V D P P V Z N A C O Z L S B
A P G D L D I S C O V E R I N G O H U L B L A P
T O G N Q M Q E H B H Z A N B F Z N J O Z I Q D
E T Z S I A E T C F B W U C E K S S X R Z C G A
X E W R W T X G C N D A M Z Q D Y M M I A A N G
E P K U P O A C N G A R T A A H W D A N L M I N
R P V A C H Q E N I S T D Y A K Y Y D G D I R I
C T R P D A B I R M H F P A G D Z U V L J G O R
I I B K R V T L U C R G C E E O T P E U S E L A
S H X R V C L X S J H A U T C E X W N U Z G P H
I S B R E A T H I N G E A A K C U W T P W N X S
N M R N G I O Y T N E O A I L L A D U J F V E O
G F N P K Z M T U T N N Y L F C C F R O T T G W
K O U L E A R N I N G G N A T I P I E K N G C B
C K C T Y U O E D X W U C Q D H D V D X E Q Y K
Z O P Q N A W R H Z F A Q S A A Y S I C T F B T
E G B Z A T I G V L D J F C B S S L P K N T T W
L F S Y R E P V V I Z L C M A V U U E C O B E E
F B A R E M I T G N I R U T C U T S N I C Y U S
Q L V H I K I H M I K C R I Z N A E X R S E W V
J S I F F P W Z R A K G N I X A L E R G J U L O
V N K U P L B H U E B H G R H Y H W M V K T R V
A N M M H N T I G W I O T B U N X A U W T H E E

structuring time

healthy leisure

discovering

distraction

acceptance

exercising

connecting

adventure

exploring

breathing

coloring

creating

learning

laughing

relaxing

content

sharing

fun