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<u>Across</u>

3. Prolonged and usually abnormal inability to get enough sleep

5. Treatment of mental or emotional illness by talking about problems rather than by using medicine or drugs

7. A substance that is released in the body of a person who is feeling a strong emotion

10. Something that causes something else to happen

12. Wanting to kill yourself : showing a desire to kill yourself

13. The state of not having a job.

<u>Down</u>

1. A strong memory of a past event that comes suddenly into a person's mind.

2. Having or feeling no hope

4. Excessive responsiveness to sensory stimulation.

6. Any of a class of antidepressants that inhibit the inactivation of serotonin by blocking its reuptake by presynaptic neuron endings

8. The act of avoiding something

9. A dream that frightens a sleeping person : a very bad dream

11. Unable to think, feel, or react normally because of something that shocks or upsets you