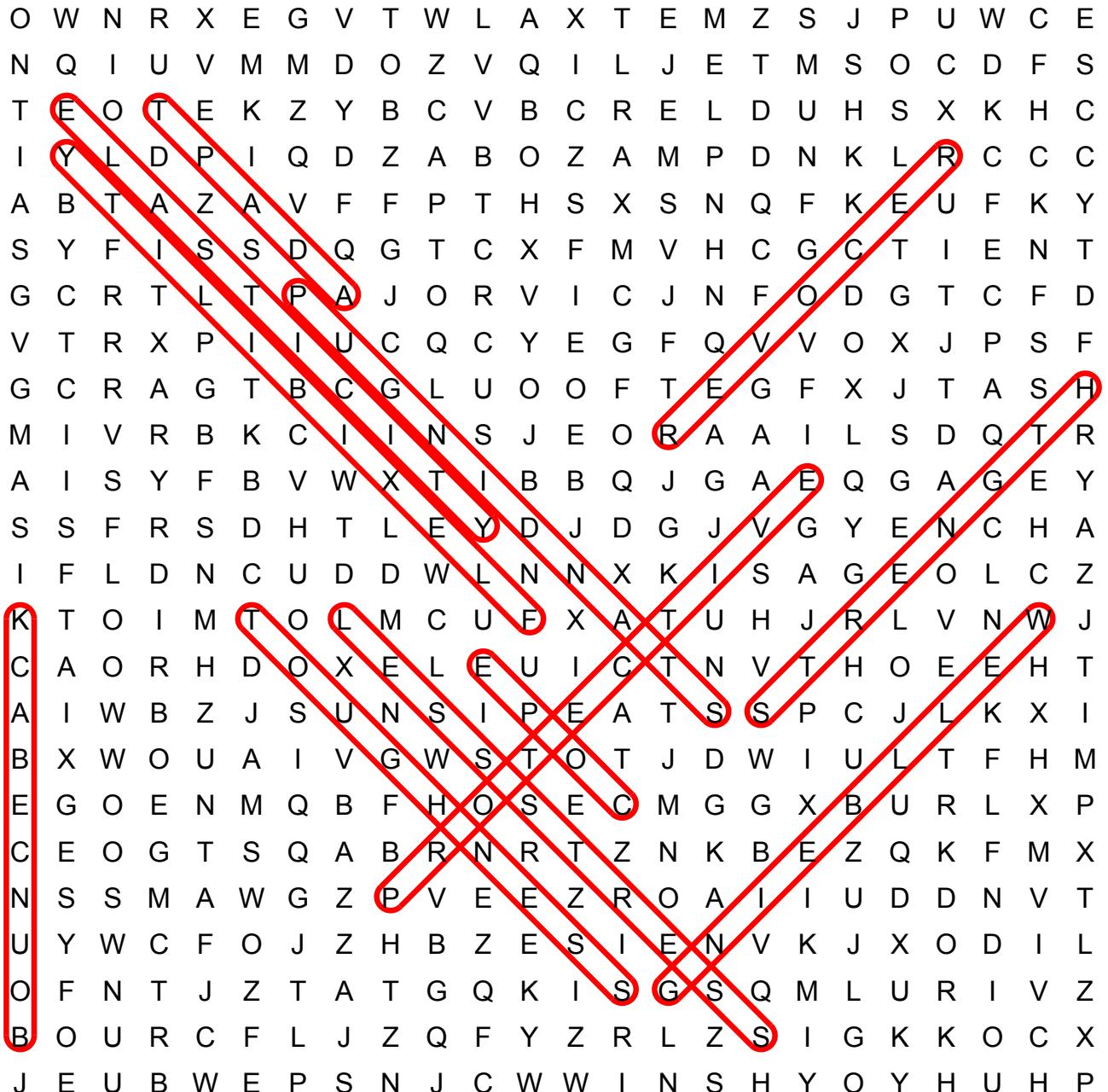


What is resilience?



flexibility

standingup

lessstress

protective

elasticity

bounceback

wellbeing

toughness

strength

recover

adapt

cope