

Name: _____

Date: _____

PHYSICAL HEALTH

V I W F Z S K I I N G J I S Z D P O L E S G N I
I X I J L O M E V V C B X P G S P B X J E B V U
T I I B O S C C L M D B E G O T H B Y Y O G E B
A A T F G D M B R H G L P R T G Y H A K T K H E
M Y F P F R S W D Q N P B A O N I U Q X A N A I
I L L G D T R Y E N I R S T R O P S N E T B D P
N I L O C C O R B T K Y X Y H T O X H P O R I T
S U I B Q W A V O M I A Q C E R E A L O P X R Y
V H E K C S Q H Q S B C U C J O K S B E A N S K
N B V K N U T R I T I O N O Y U J K F S I P E C
W E X E R C I S E S E E A T H U R B H L B W R H
H N T G P O Q J E I S L H W D H B S D D O K E X
U U D E L G C Z A G N I N N U R S M X T I M B N
K T W R S E K L S U R F I N G W U J G Q H V I A
Z S Y O G A Y T S N A T T S E R M R E T G L F M
O Y M E W S C O E X W W I V K N Z R B C Q S D H
D X B L E S D L L B Q D T I U R F S V H I X G Q
I A B M L V M K B O F W J C T I U R E T A W Q R
R F P M L U B X A E G N G N I M M I W S N J C O
I Q K E N S C W T O R N U V D C A R R O T S W O
F M S Y E Q H Q E I O H J W F F D X N V G P D E
F X L F S B L A G T Q C K N H E E O B M S P J X
J M Y D S G Q R E Y P G N I K I H R V D E G V N
X I G J S I E V V B A F L Z T L W Z J V I E D M

VEGETABLES	NUTRITION	SWIMMING	BROCCOLI	EXERCISE
POTATOES	VITAMINS	WELLNESS	SURFING	CARROTS
RUNNING	CEREAL	QUINOA	SPORTS	SKIING
HIKING	BIKING	BEANS	WATER	FIBER
FRUIT	YOGA	NUTS	REST	