

Name: _____

Wellness Scramble

1. LANCEBA balance
2. ETARW Water
3. HTDAEYR Hydrate
4. RESSST Stress
5. ISTORPBCIO Probiotics
6. REXSICEE Exercise
7. TEAHR Heart
8. TIAEMETD Meditate
9. ENIKNSSD Kindness
10. UTG Gut
11. EMLSI Smile
12. LESWNLES Wellness
13. LEAHT Health
14. LHICITOS Holistic
15. RGNAIOC Organic
16. UARATLN Natural
17. TILAYTIV Vitality
18. RCASEEFL Selfcare
19. OHOESMNR Hormones
20. OXICOTNN Nontoxic
21. EESNIALST OSLI Essential oils
22. GETABESLVE Vegetables
23. ERIOPNT Protein
24. GODO AFST Good fats
25. RIUTF Fruit