

Name: _____

gymnastics / cheer

P O T E L B A T D W I T A G L F D
K R Z L J C F F N N E S X N W S F
D S C W J Y V F A S I H E I K T R
H B M O F P U O T P Z B K R C I O
J R I P Z P R D S I B Q I P I L N
O I L E I R A N D N P M P S K P T
Q D K N P S X U N C A T S D T S W
G G A K A I S O A S J J O N L E A
Z E M I E H D R H F K P R A I L L
M L M C L R J I P A C J J H T D K
S J P K L P L G N O I N Q K E D O
T U G C L A P Y A M K S Z C S I V
I T H D N E B K C A B B V A U M E
L W T R H I J B M U K A B B P Z R
P D C Q S E X M C A R T W H E E L
S S R B A C K W A L K O V E R P H
H I G H V U A Z C F B U H R L K U

back hand spring

front walk over

back walk over

middle splits

cartwheel

handstand

open kick

tilt kick

backbend

roundoff

tabletop

bridge

high v

splits

ariel

clap

kick

leap

pike

spin