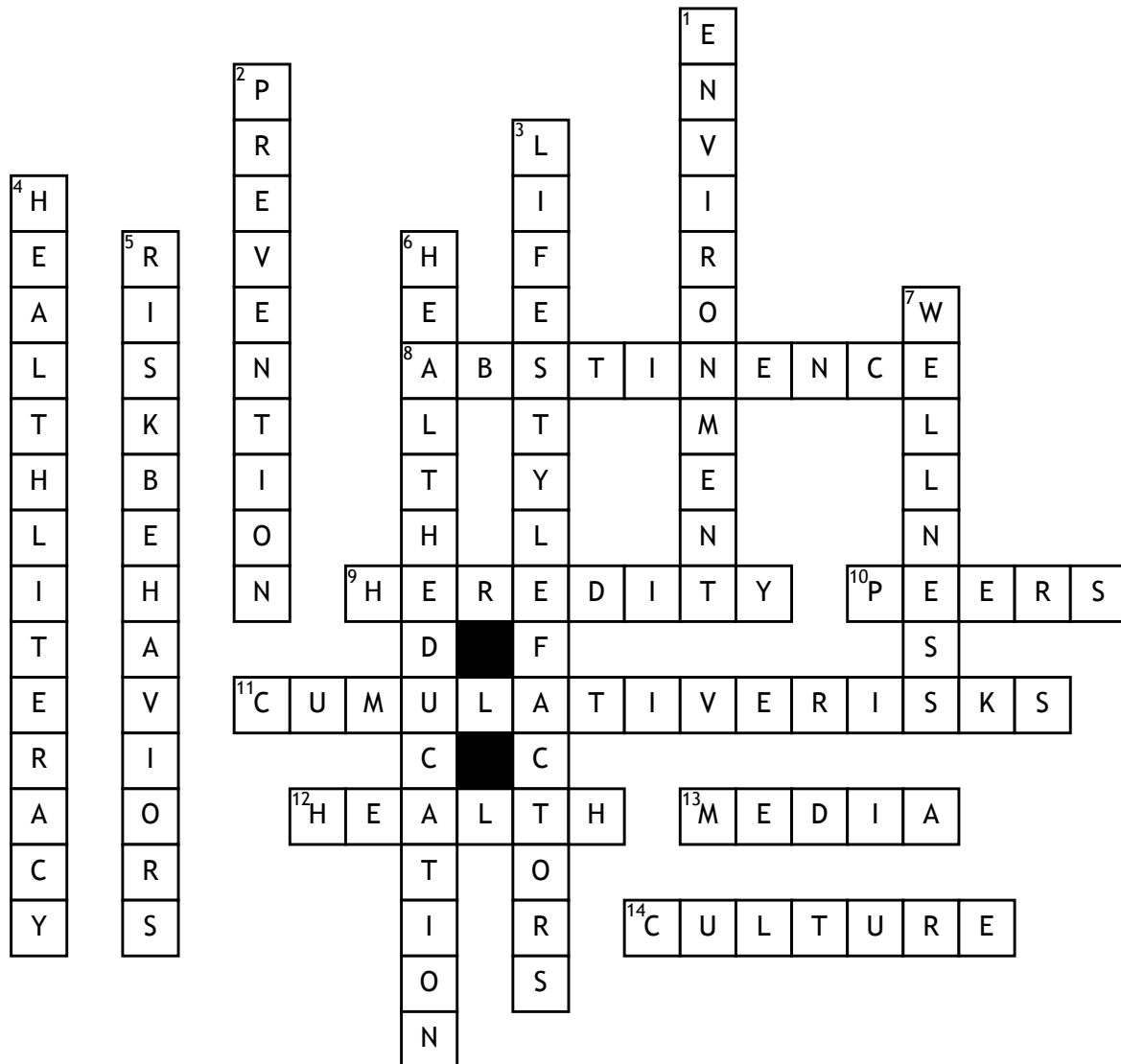


# Health Ch. 1, Lessons 1, 2, 3



## Across

8. avoiding harmful behaviors  
 9. all the traits that were biologically passed on to you from your parents  
 10. people of the same age who share similar interests  
 11. related risks that increase in effect (2 words)  
 12. combination of physical, mental/emotional, and social well being

13. the various methods of communication

14. the collective beliefs, customs, and behaviors of a group

## Down

1. the sum of your surroundings  
 2. practicing health and safety habits to remain free of disease and injury  
 3. are personal behaviors related to the way a person lives (2 words)

4. a person's capacity to learn about and understand basic health information and services (2 words)

5. actions that can potentially threaten your health or the health of others (2 words)

6. the providing of accurate health information to help people make healthy choices (2 words)

7. an overall state of well being or total health