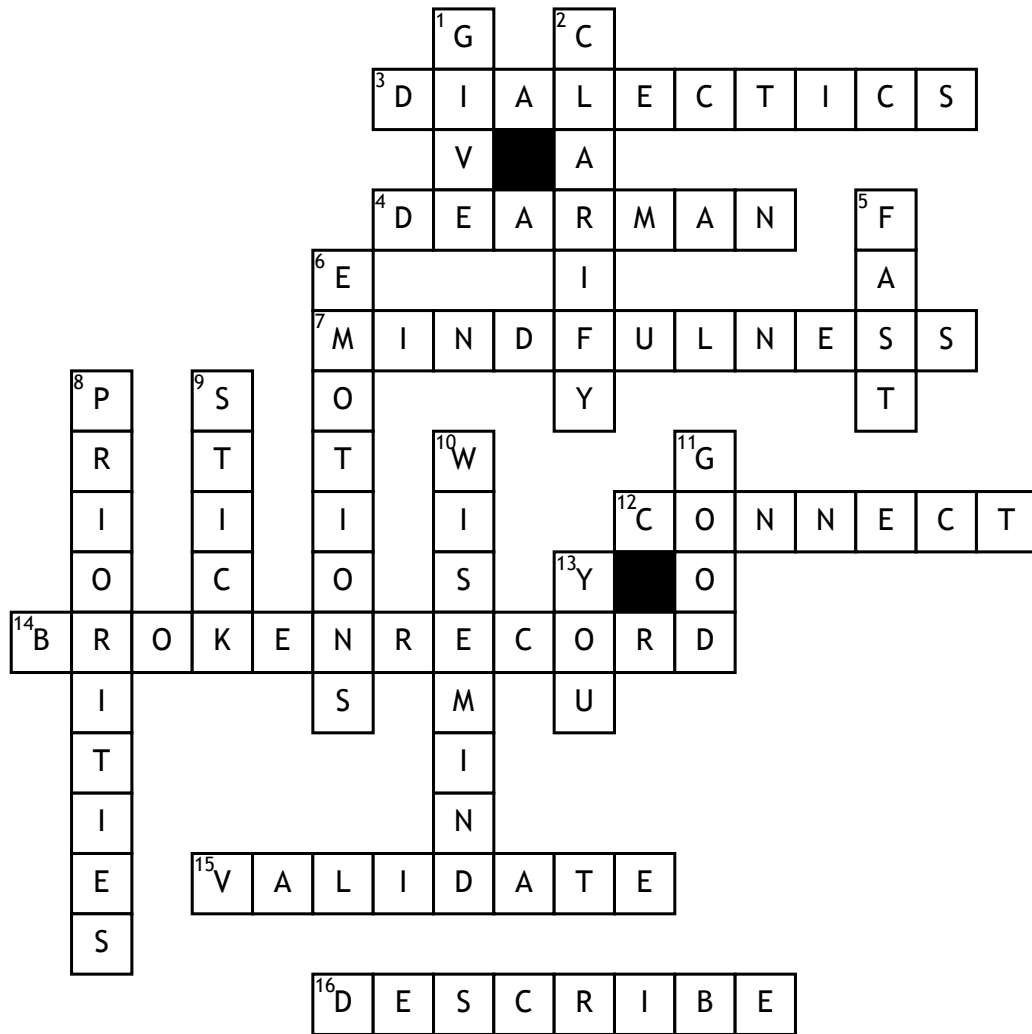


# Interpersonal Effectiveness



## Across

3. Balancing opposites  
4. Objectives Effectiveness  
7. This helps when building relationships with others  
12. Human beings are wired to \_\_\_\_\_  
14. Repeat, repeat, repeat  
15. To do this shows that you understand the other persons thoughts/feelings

## Word Bank

Good  
WiseMind  
Stick  
Validate

DEARMAN  
Emotions  
Dialectics  
GIVE

BrokenRecord  
Mindfulness  
Priorities  
FAST

Clarify  
Describe  
Connect  
You

## Down

1. Relationship Effectiveness  
2. Remember to \_\_\_\_\_ your goals  
5. Keeping or Improving your self-respect  
6. This gets in the way of interpersonal effectiveness  
8. A factor to consider  
9. \_\_\_\_\_ to your values  
10. Use this to decide to end a relationship  
11. Do you want a \_\_\_\_\_ day or a \_\_\_\_\_ life?  
13. Interpersonal Effectiveness skills are for \_\_\_\_\_