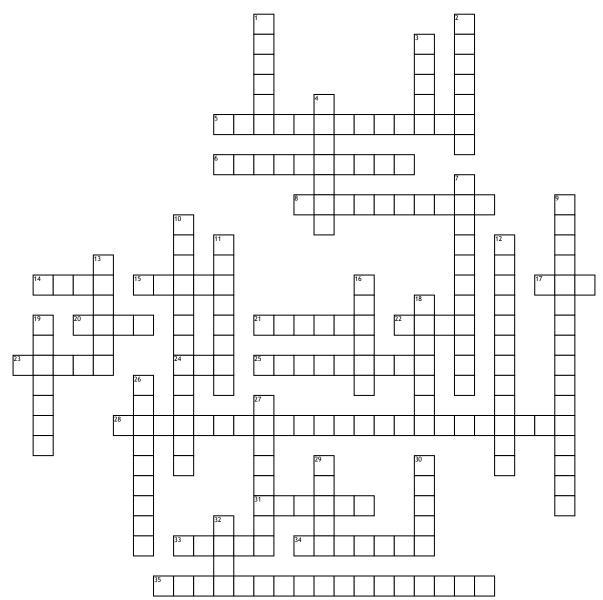
Physical Education Vocabulary



<u>Across</u>

5. A serve in volleyball

6. The term used in both Lacrosse and soccer who guards the goal

8. In paddle tennis the served ball must land ______ in the blue boundaries

14. joining you fingers and hitting the ball with your forearm

15. 2 points scored when jumping off one foot close to the basket

17. Called out on the first serve in paddle tennis

20. a successful hit

21. The runner gets to 2nd base on a base hit

22. An area where the ball in soccer,

lacrosse, and field hockey lands to make a score

23. The first serve in a game is always made from the

24. Usually the second pass made from hitting the ball over the head

25. When one team has more than 6 players

on one half of the field. It is a penalty 28. Too improve your _____ you can

run for more than 20 minutes.

31. The part of the foot used to dribble a

soccer ball

33. a hard hit downward in volleyball34. A dense led ball that a person pushes in a ring

35. curl ups are an activity that help with <u>Down</u>

1. The runner gets to 1st base on a base hit

2. An object that you jump over in track

3. When a fielder makes a mistake

4. Getting a hit that the defense did not commit an error on

7. A fitness component that measures how limber one is

9. push ups and weight training build your 10. BMI

11. When throwing a ball you step with your_____ foot

12. An Olympic sport that combines both basketball and soccer elements

13. An anaerobic activity performed in track **16.** the circle around the goal. The goalie's area

18. The runner gets to home plate on a base hit

19. Bouncing the ball up and down the court with one hand

26. moving with the basketball when not dribbling

27. The Server must stand with both feet behind this

29. When the ball is thrown to the batter to hit by the pitcher underhand

30. Moving in a circle with one foot "nailed" to the floor in basketball

32. Another name for Frisbee