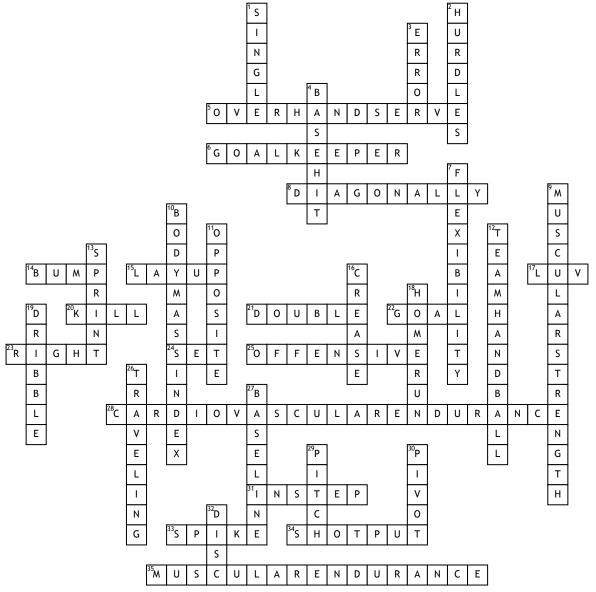
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Physical Education Vocabulary



<u>Across</u>

- 5. A serve in volleyball
- **6.** The term used in both Lacrosse and soccer who guards the goal
- 8. In paddle tennis the served ball must land _____ in the blue boundaries
- **14.** joining you fingers and hitting the ball with your forearm
- **15.** 2 points scored when jumping off one foot close to the basket
- **17.** Called out on the first serve in paddle tennis
- 20. a successful hit
- 21. The runner gets to 2nd base on a base hit
- **22.** An area where the ball in soccer, lacrosse, and field hockey lands to make a score
- 23. The first serve in a game is always made from the
- **24.** Usually the second pass made from hitting the ball over the head

- **25.** When one team has more than 6 players on one half of the field. It is a penalty
- **28.** Too improve your ______ you can run for more than 20 minutes.
- **31.** The part of the foot used to dribble a soccer ball
- 33. a hard hit downward in volleyball
- **34.** A dense led ball that a person pushes in a ring
- **35.** curl ups are an activity that help with **Down**
- 1. The runner gets to 1st base on a base hit
- 2. An object that you jump over in track
- 3. When a fielder makes a mistake
- **4.** Getting a hit that the defense did not commit an error on
- **7.** A fitness component that measures how limber one is
- push ups and weight training build yourBMI

- **11.** When throwing a ball you step with your_____ foot
- **12.** An Olympic sport that combines both basketball and soccer elements
- 13. An anaerobic activity performed in track
- **16.** the circle around the goal. The goalie's area
- ${f 18.}$ The runner gets to home plate on a base hit
- **19.** Bouncing the ball up and down the court with one hand
- **26.** moving with the basketball when not dribbling
- **27.** The Server must stand with both feet behind this
- **29.** When the ball is thrown to the batter to hit by the pitcher underhand
- **30.** Moving in a circle with one foot "nailed" to the floor in basketball
- 32. Another name for Frisbee