

Name: _____ Date: _____

Chapter 14 : Pedicuring Study Guide

1. How long should a client visit the salon for weekly callus reduction treatments L
 2. What are pedicure slippers typically made of? M
 3. Mineral clay, moisturizing agents, skin softeners, aromatherapy oils and botanical extracts are formulated into skin products that serve as_____ for the feet B
 4. Which of the following products are specifically designed to soften and smooth thickened tissue? O
 5. Clients should be encouraged to schedule regular pedicure appointments every D
 6. Massage given during a pedicure is meant primarily for A
 7. Which term refers specifically to a unique method of applying pressure with the thumb and index fingers to the hands and feet that demonstrate health benefits? N
 8. Which of the following is not a broad spectrum labeling requirement for an EPA -registered hospital disinfectant? H
 9. Exfoliating scrubs are massaged on the foot and leg to: P
 10. When performing a basic pedicure , it is recommended that you use_____ to remove traces of lotion , cream , or oil fro the toenails E
 11. Friction should only be used for what part of the foot? K
 12. Massaging the leg of the client with severe , uncontrolled hypertension is potentially dangerous because it: C
 13. Which term refers to permanent tools used to perform nail services, other than implements? G
 14. Basin soaks are generally made of ? I
 15. A _____ is an implement with a small , scoop -shaped end that allows for more efficient removal of debris from the nail folds, eponychium, and hyponychium areas F
- A. relaxation
B. masks
C. increases circulation
D. month
E. polish remover
F. currette
G. equipment
H. antiseptic
I. stainless steel or ceramic
J. nail rasp
K. the bottom of the foot
L. 4-6 weeks
M. foam or rubber
N. reflexology
O. Callus softener products

16. A _____ is a metal file with an edge that can file the nail plate in only one direction J

P. remove dry skin