

Name: \_\_\_\_\_

# Mental and Emotional Health Crossword Puzzle

## Across

2. treatment for OCD

4. an anxiety disorder in which people have unwanted and repeated thoughts, feelings, ideas, sensations (obsessions), or behaviors

8. a feeling of worry, nervousness, or unease, typically about an imminent event or something with an uncertain outcome

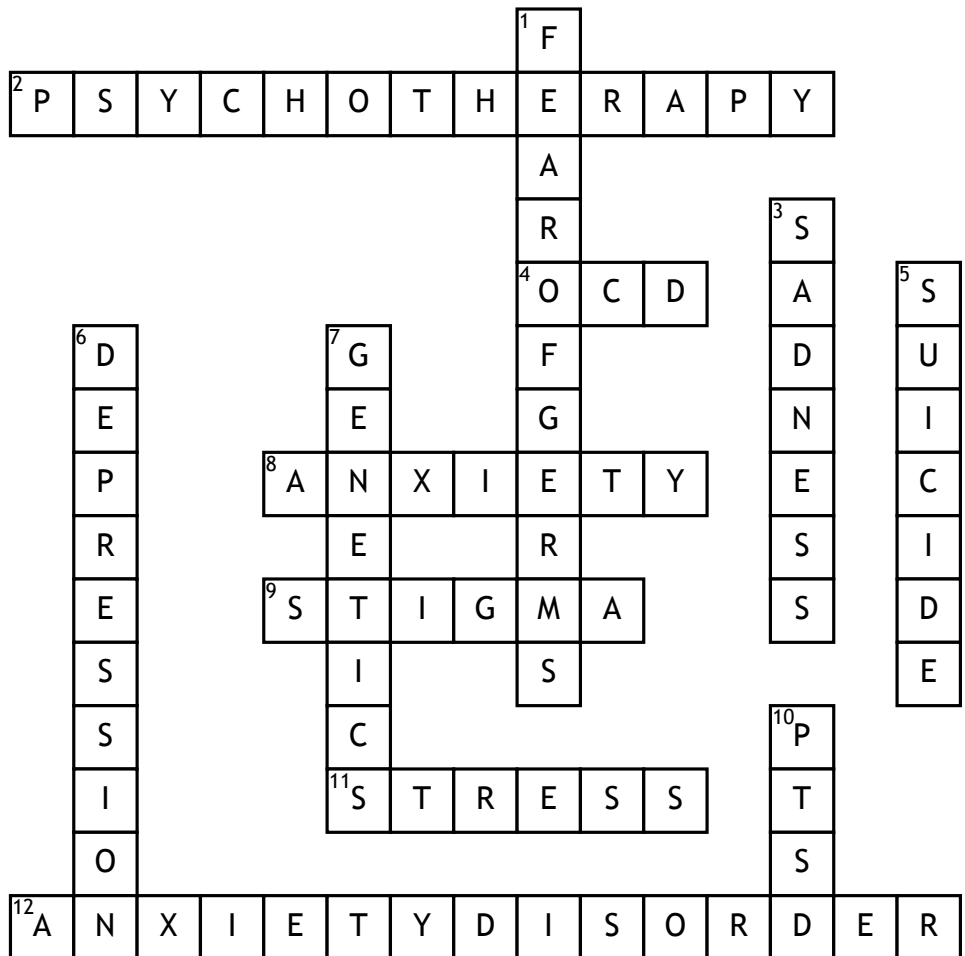
9. mark of disgrace associated with a particular circumstance, quality, or person

11. a state of mental or emotional strain or tension resulting from adverse or very demanding circumstances

12. a common mental illness defined by feelings of uneasiness, worry and fear

## Down

1. example of a symptom of OCD



3. condition or quality of being sad

5. the intentional act of attempting to kill one's self

6. feelings of severe despondency and dejection

7. cause of OCD

10. disorder that develops in some people who have experienced a shocking, scary, or dangerous event

