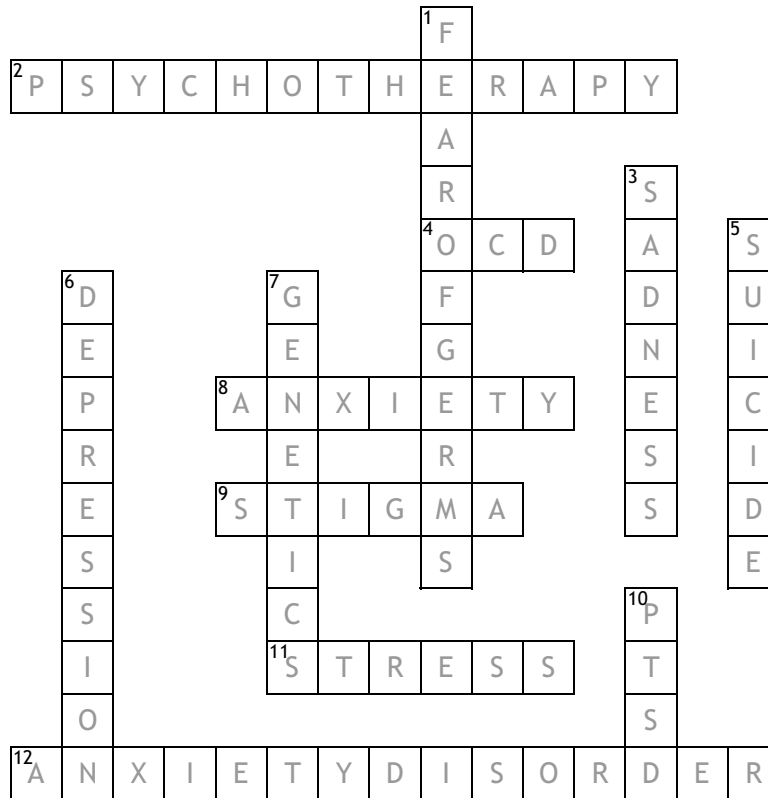


Name: _____

Mental and Emotional Health Crossword Puzzle



Across

- 2. treatment for OCD
- 4. an anxiety disorder in which people have unwanted and repeated thoughts, feelings, ideas, sensations (obsessions), or behaviors
- 8. a feeling of worry, nervousness, or unease, typically about an imminent event or something with an uncertain outcome
- 9. mark of disgrace associated with a particular circumstance, quality, or person
- 11. a state of mental or emotional strain or tension resulting from adverse or very demanding circumstances
- 12. a common mental illness defined by feelings of uneasiness, worry and fear

Down

- 1. example of a symptom of OCD
- 3. condition or quality of being sad
- 5. the intentional act of attempting to kill one's self
- 6. feelings of severe despondency and dejection
- 7. cause of OCD
- 10. disorder that develops in some people who have experienced a shocking, scary, or dangerous event