

High Phosphorus Foods and Drinks

X P O E R U E C J N P E C A N S D P B W R R S A
 S X I H Y S C S D T A E H W D E D D E R H S A C
 D T J N L G N S E A Q E M U D T V S G F T X L L
 S V U K T R L A A E Z Y X D R A T S U C K I O A
 T N T N J O E S E E H L R W K L I M Y O S M C M
 I L V X A U B T A B P C W I R D J P B Y W E K S
 U D A C Q E N E T R O D I A J C X G S M A K R T
 C S R E H L P H A U D Z E N L V X J H G S A A K
 S Q Y O R O W H R N B I N Y O N P I A C H C D H
 I W Q U R E C H B O S T N A E R U K L I M N M P
 B A W F P G C O O T C N U E B K A T R F U A Q D
 D L G R S L A N L T V H O N S R C C S R Y P I E
 E L Z Q T R Z N A A D Y P N A A A A A D Y Z I Y
 N G N I D D U P M R T O N B C E P G L M B C O A
 N M S E K K X I I E B E G R R R P D E B E G W C
 A P N L U N C H M E A T C S E D U A H C U Q O Z
 C P I E I N E W P H A T B U A N U X R R F R F S
 B I S V P T C Q R W X T S T M L B E T D N Q U X
 I L W A A Y N T I E W Q P C S P A V O B H O U L
 Z P V V X Z S E Z J E R T H O M X E R E G Y K A
 P A S E R T G U L I O B E E U N H E M L B Y M R
 L A E R E C T A O X J J G E P N A S Y T G V Y D
 U H D R I E D F R U I T D S E D J S M U A Y R O
 U X A L M O N D S F G O L E W F E Y I X I O O I

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| Almonds | Beer | Blackeyed Peas | Bran Cereal |
| Canned Biscuits | Cheese | Chocolate | Clams |
| Cornbread | Cream Soup | Custard | Dark Colas |
| Dried Fruit | Garbanzo Beans | Hot Dogs | Ice Cream |
| Lentils | Lunch Meat | Macaroni Cheese | Milk |
| Oat Cereal | Oatmeal | Organ Meats | Pancake Mix |
| Peanut Butter | Peanuts | Pecans | Pinto Beans |
| Pudding | Sardines | Shredded Wheat | Soy Milk |
| Walnuts | Yogurt | | |