Mental and Emotional Health Terminology

Across
3. Reaction that triggers a bodily or physical response to a stimulus
5. A mark of disgrace associated with a particular circumstance
6. A nervous disorder with excessive uneasiness
9. Lack of interest, enthusiasm, or concern
13. Confidence in one's own worth
16. The ability to do something successfully or efficiently
17. A external stimulus or event that causes stress to a organism
18. The expression of deep sorrow for someone who has died
19. The state of being isolated from a group
20. Psychological stress that is beneficial for the experiencer
23. The realization of one's talents and potentialities
24. The mental and moral qualities distinctive to an individual

Down
1. The act or process of closing something
2. Advice that is useful and intended to help or improve something
4. The ability to understand and share the feelings of another
7. Deep sorrow
8. Feelings of severe despondency and dejection
10. The capacity to recover quickly from difficulties
11. The quality of being honest and having strong moral principles
12. The ability to become aware of something by senses
14. A person looked to by others
15. Extreme anxiety, sorrow, or pain
22. Feelings of pity for someone else's misfortune