

# Mood Disorders

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| 1. Bipolar disorder and major depression are two types of F  | A. Causes                       |
| 2. People with this disorder have high and low moods known as mania and depression K                                     | B. Hypomania                    |
| 3. With a strong lifestyle that includes self management and a good ___ plan, many people live well with the condition D | C. Hallucinations and delusions |
| 4. The average age of onset is G   | D. Treatment                    |
| 5. Is a milder form of mania that doesn't include psychotic episodes B   | E. Dysthymia                    |
| 6. Psychotic symptoms can include the symptoms related to schizophrenia C  | F. Mood disorders               |
| 7. Mild Low moods are called E   | G. 25 yrs old                   |
| 8. Genetics, stress and brain structure are___ of this disorder A  | H. Treatment                    |
| 9. Bipolar 1 is J  | I. Blue                         |
| 10. Bipolar 2 is I   | J. Fun                          |
| 11. Medications, Psychotherapy, Electro-convulsive therapy, self-management, complementary health approaches D           | K. Bipolar disorder             |