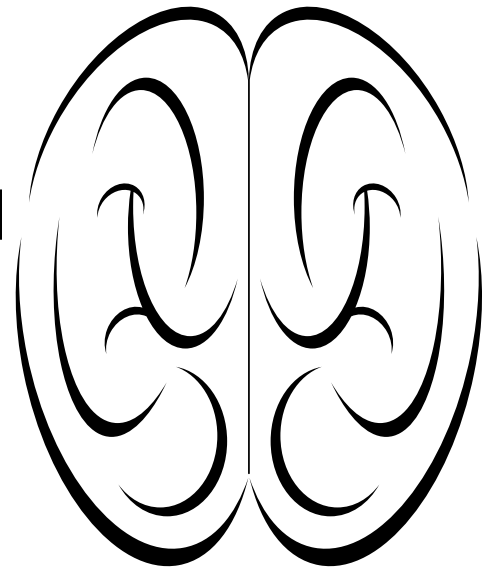
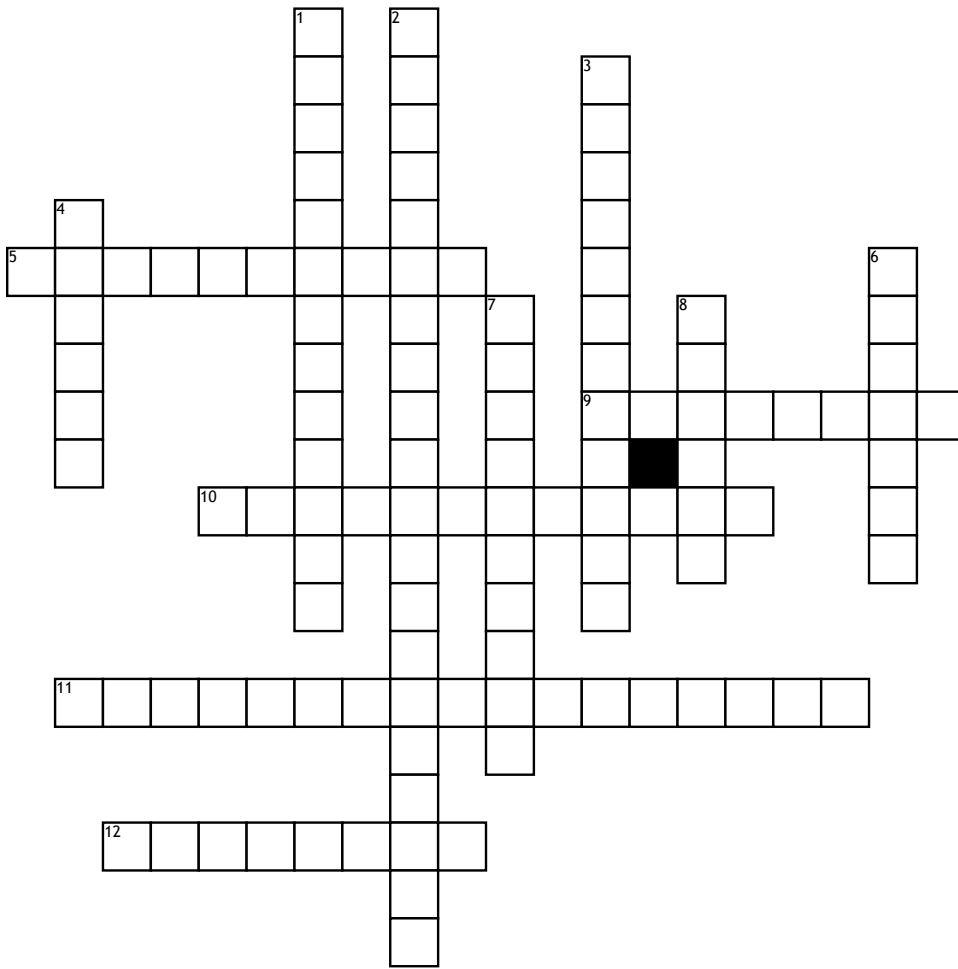


Name: _____ Date: _____ Period: _____

Mental Health Crossword Puzzle



Across

5. acting in an immature way

9. excessive dieting

10. sleep shortage leading to health problems

11. trying to make the best of a situation

12. consistent mistrust of others

Down

1. function well with short sleep

2. prefer to be distant from others

3. a moment of disengaging

4. not able to accept reality

6. bingeing on food then vomiting

7. blocking ot painful memories

8. persistant fear of something