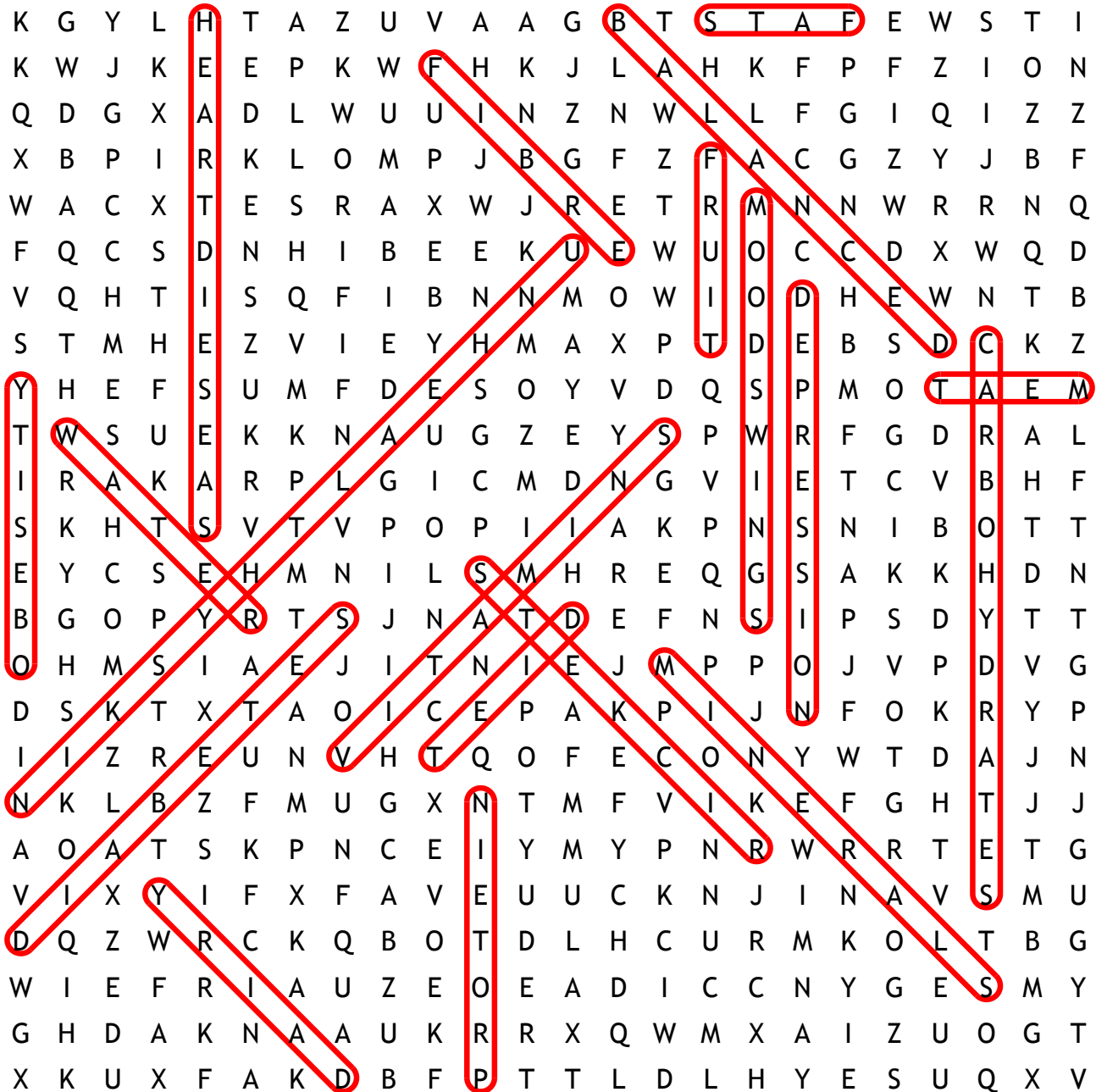


Name: _____

Date: _____

Diet



unhealthy skin
depression
vitamins
water
meat

Heart diseases
diabetes
Rickets
fibre
fats

Carbohydrates
balanced
obesity
dairy
diet

mood swings
minerals
protein
fruit