

Name: _____

Date: _____

Screen time

E R X G L A R E H F V S V N P F E G I W V C F E
E A Y C R J S Z A E L T R N Q O P T C I L R N R
R H T O K F V J L M A G E R F S S E M F Z O L N
B T N M E N Z I S L S D O L R Z O J E B H N B N
W B M P X J Z E M Q N Y A T B E H I V P B C I S
H A U U I T Y O C B B E T C H A Y B P H O A C H
S D Q T Z E U S T U D L U E H C T X T M P N L F
C X M E Y R H B G I Q L M G Z E D H P G I I F X
R Y P R Z W E K R W M O A G I Z S U Z A R I C X
E Q D V K C A M T D K W J T S T T E R H W V V I
E U O I G S E B U S X T P L J E A T X V N C P T
N Z I S D D S D Q B L I K X R R S F S M O K O G
T D S I H E S V K L U N J I F E Z P E R P V F N
I A A O D A D S A J L T S G Y U P V E Y A O H I
M C X N S P K Q H P Q E M E W C K E Y I E N B H
E D E S O E Z T H H Y T L U I T I N U D H X Z C
A S B Y K Q P E B E L A A M C Z F P R U Q M Z T
H G O N N L E B D V T W O P Z N C N A T R B F I
W E R D T Z H E W I D Y D G K N X E F P O T O W
Y P P R J I R B G B L U R R E D V I S I O N H T
Z E U O V V E I M S K C X H G W Z B C G B E X H
Z S E M J M D D J A Y A C S U V G R H Z Z W M O
O A A E H L T N N T R O F M O C S I D A B O Z D
U B Z A T W E N T Y T W E N T Y T W E N T Y H R

Computer vision syndrome

Blurred vision

Screen time

Headaches

Computer

Glare

Twenty twenty twenty

Eye fatigue

Discomfort

Red eyes

Tablet

Pain

Digital eye strain

Yellow tint

Twitching

Dry eyes

Phone