Mental and Emotional Health Terminology

Across
2. mental and moral qualities of a person
7. capacity to recover quickly
8. understand and share the feelings of another
15. extreme anxiety, sorrow, or pain
16. being judged
17. being honest and having strong moral principles
18. sadness over death
19. lack of interest
20. normal mental stress that is beneficial for person
22. ability to do something successfully
23. mark of disgrace
24. how you view something

Down
1. a person to look up to
3. realization of one's potential
4. serving a useful purpose
5. physical pain from a mental issue
6. feeling sad or upset constantly
9. how you view yourself
10. being aggressive toward someone
11. Stress and nervousness
12. bring a situation to an end
13. deep sorrow for someone that died
14. feelings of pity and sorrow for someone else's misfortune
21. something that causes stress