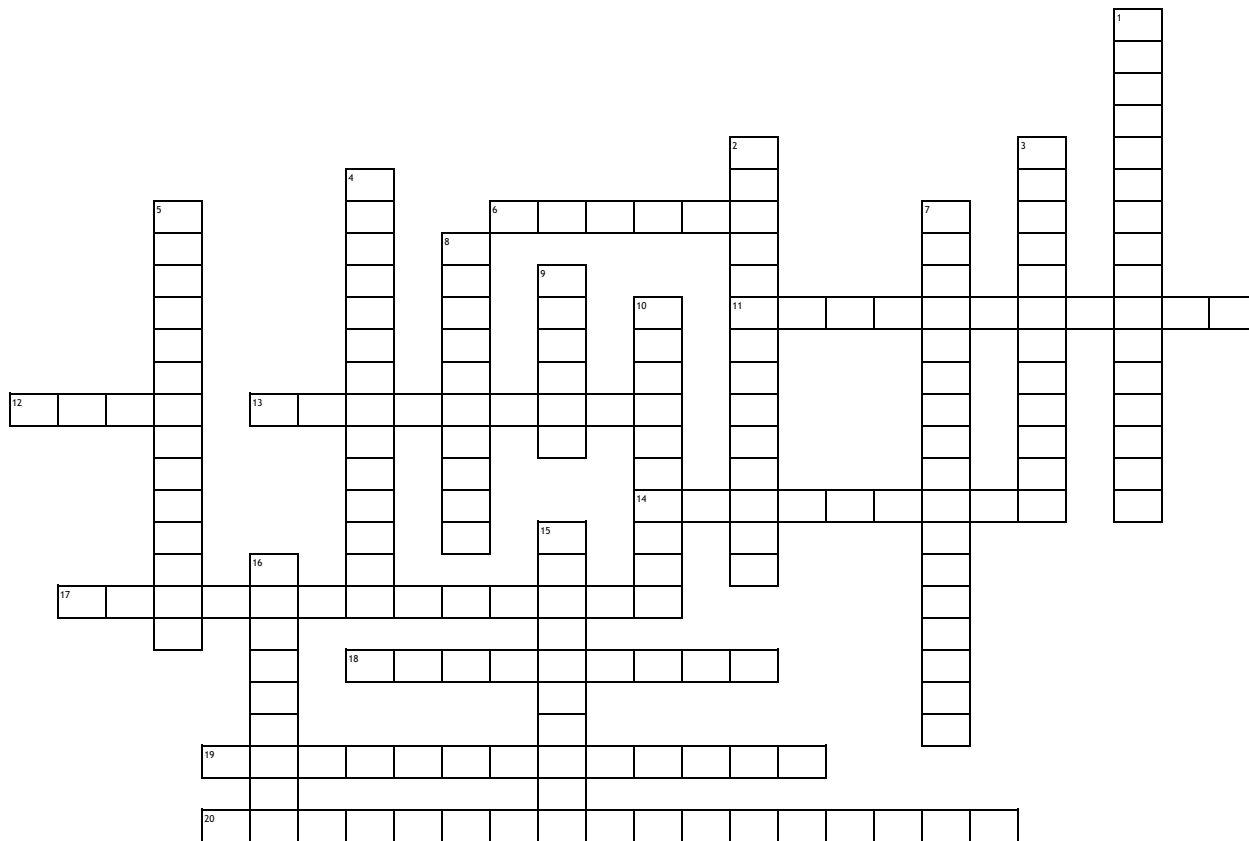


Name: \_\_\_\_\_

# Pelvis and Thigh



## Across

- 6. Tensor Fascia Latae feeds inserts?
- 11. Origin site for Vastus Medialis and Lateralis?
- 12. Name for what is known as "skinny 'girl' bump"?
- 13. Muscle formerly known as "tailor's muscle"?
- 14. Muscle injured during full sit up?
- 17. Major walking muscle?
- 18. Common action between Glutes?
- 19. Quad that crosses two joints?
- 20. Origin of Hamstrings?

## Down

- 1. Insertion for Quads?
- 2. Action of adductors besides adduction?
- 3. Insetion for Gracilis, Sartorius, and Semitendinosus?
- 4. What muscle in the thigh has a hole in it?
- 5. Muscle besides TFL that inserts at IT Band?
- 7. Insertion for Glutes medius and minimus?
- 8. Muscle that may impinge Sciatic nerve?
- 9. The pubis, ilium, and ischium are parts of what structure?
- 10. Group of muscle in thigh that are ropey by nature?
- 15. Origin site of tensor fascia latae?
- 16. Muscle involved in groin pull?