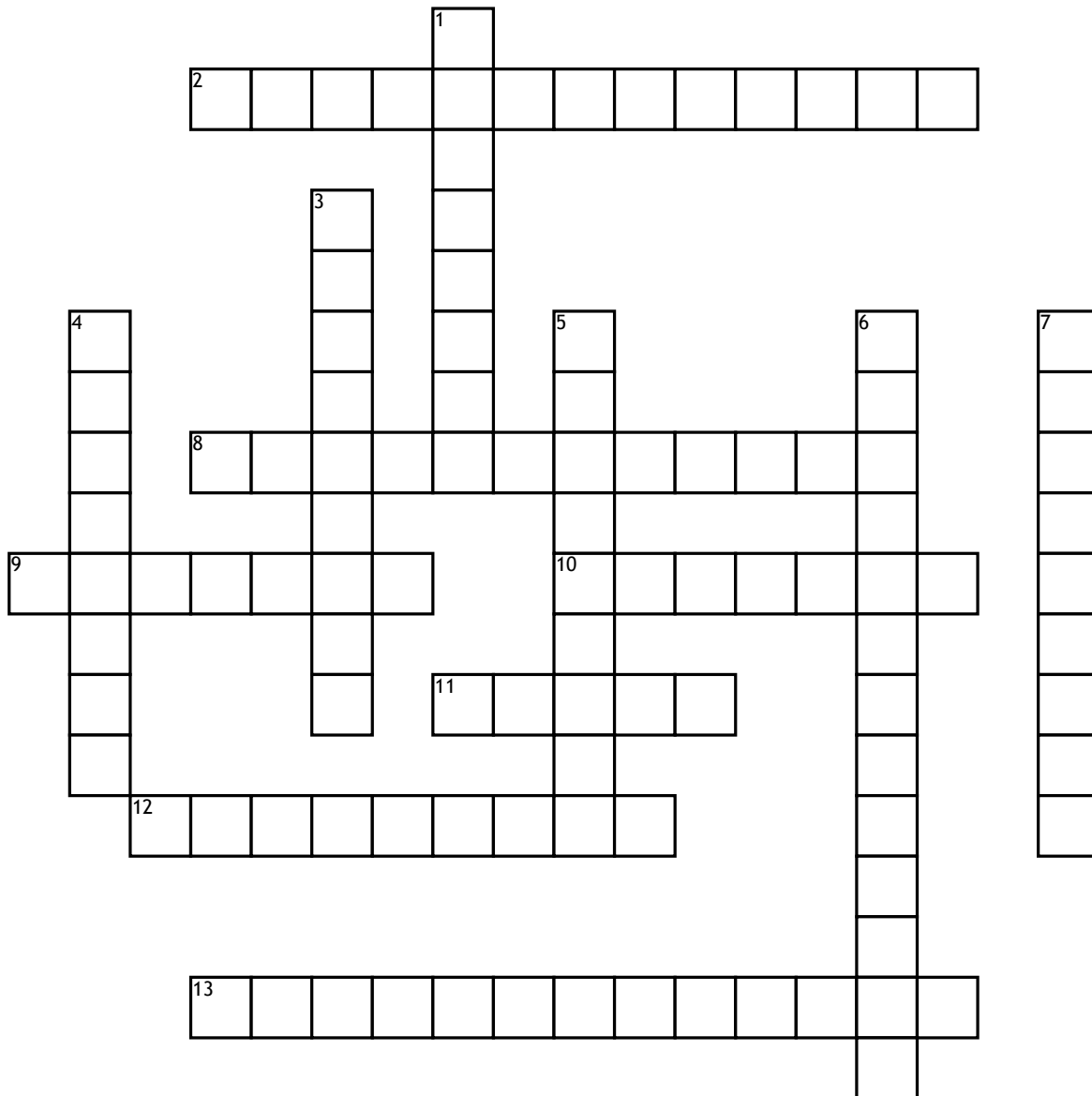


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Bone and Muscle Anatomy



## Across

2. Are only found in the heart

8. this includes muscles of internal organs and blood vessels, they are involuntary; moves without your control

9. This muscle raises your arm

10. Joins muscle to muscle or muscle to bone

11. The place where 2 bones meet

12. Allows joints to move easily, cushions bones, and supports soft tissue

13. This muscle bends the elbow

## Down

1. Holds bones in place at the joint

3. This muscle flexes your knee and hip

4. These muscles are voluntary, or under your control

5. This muscle bends the leg at the knee

6. This muscle helps to turn your head

7. This muscle helps raise your head