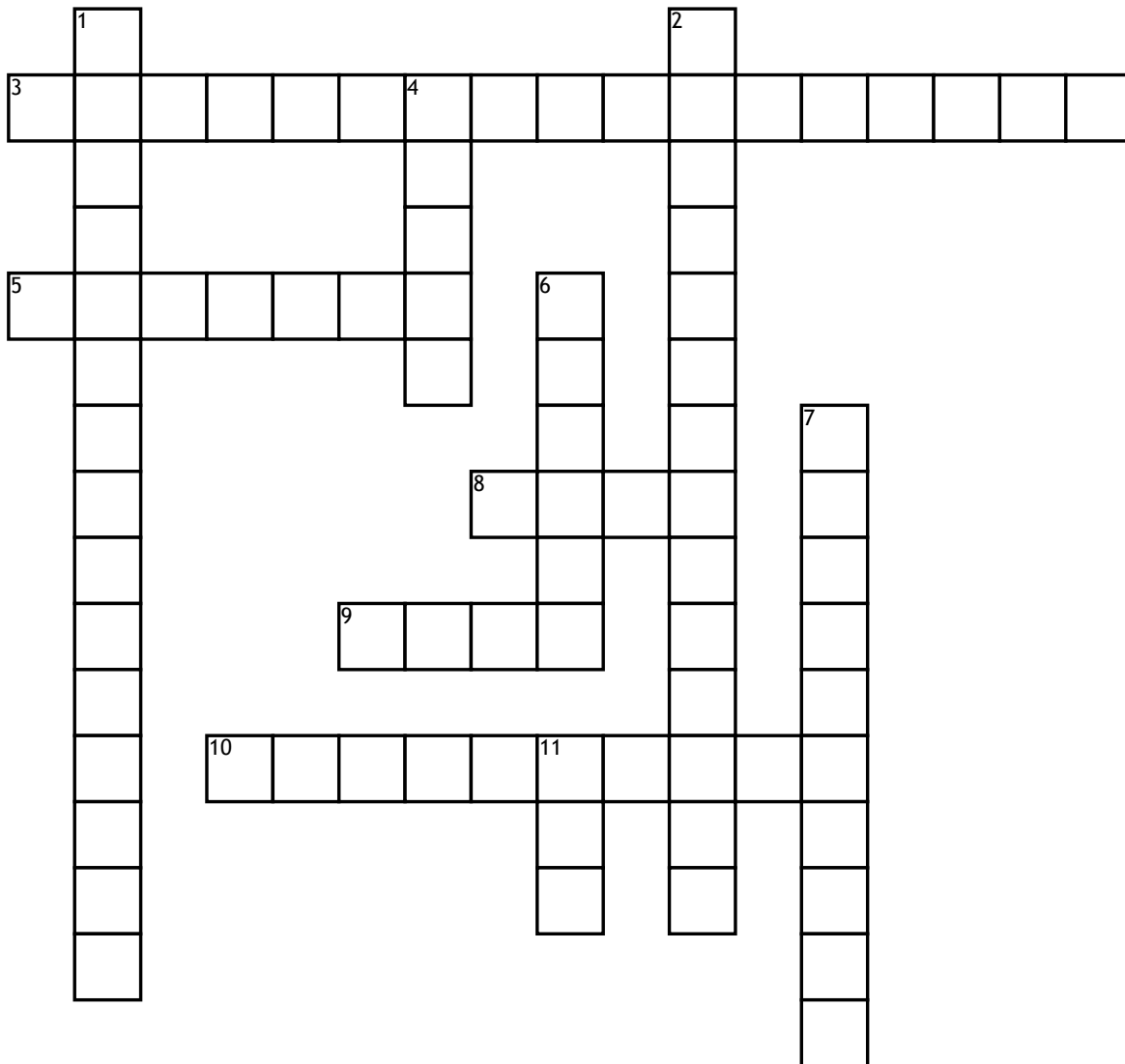


P:E crossword:



Across

- 3. Feedback that comes from you.
- 5. A state of readiness or alertness.
- 8. E.g. A type of skill that you have to adapt a lot for
- 9. A type of practice when you break it down.
- 10. What does goal setting improve that begins with a letter "m".

Down

- 1. Graph demonstrating arousal and performance.
- 2. What your brain does with input information.
- 4. The ability to bring about the result you want with maximum certainty and efficiency. This comes with practice.
- 6. The action taken as a result of the brain's decision.
- 7. A type of guidance.
- 11. A factor affecting skill level.