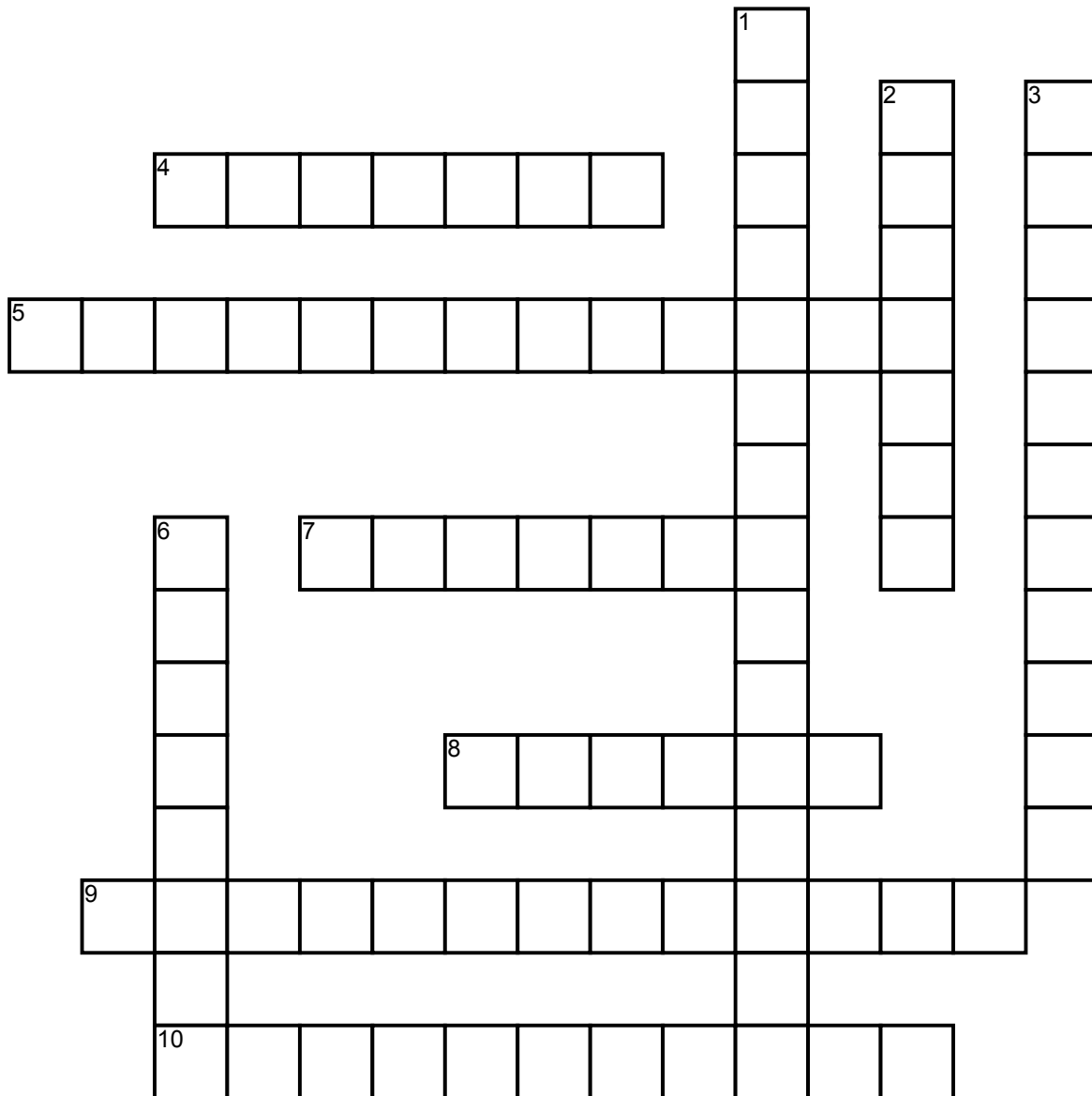


Name: _____

Date: _____

Nutrition & Wellness



Across

4. Zinc helps _____ perform their function.

5. Most common form of the disease.

7. Vitamin B is also known as _____.

8. riboflavin helps helps use _____ for cells.

9. Which nutriend helps provide energy and has starchy foods as a source?

10. fat like substance thats found in every cell in the bodyb and occurs in foods of aminal organ

Down

1. function of protein

2. risk factor for many types of cancer

3. Vitamins A,D,E,K

6. helpsn the ciollagen