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PE crossword

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Across

- **2.** this causes us to worry and feel stressed
- **4.** a type of feedback from outside your body
- **5.** skills that cant be broken down more
- **6.** a factor that may effect skill level

- **7.** a state of readyness or alertness
- 9. we set these to reduce anxiety and to dive us in sport
- **10.** bonus money is this in sport **Down**
- 1. enjoyment is part of this to drive us in sport
- 3. big muscle movements
- 8. what we use with infomation