Protein

								¹ G	² K					
³ P					⁴ C			L	W		⁵ D			
E					0			Ι	А	⁶ A	E			⁷ I
Р					М	⁸ M		А	S	L	Ν	⁹ A		Ν
Т			¹⁰ S		Р	A	¹¹ A	D	Н	L	А	М	¹² L	С
Ι	¹³ B	¹⁴ V	Т		L	R	С	Ι	Ι	E	Т	Ι	E	0
D	А	Е	0		E	А	Ι	Ν	0	R	U	Ν	G	М
Е	S	G	Μ	¹⁵ P	М	S	D		¹⁶ R	G	R	0	U	Ρ
В	Ι	А	А	Е	E	Μ	I		К	E	А	А	Μ	L
0	С	Ν	С	А	Ν	U	С		0	Ν	Т	С	Е	Е
Ν			Н	Ν	Т	S			R		Ι	Ι	S	Т
D				U	А		_		-		0	D		Е
S		¹⁷ N	I	Т	R	0	G	Е	Ν		Ν	S		
	-			S	Y					-			-	
						¹⁸ E	S	S	Ε	Ν	Т	Ι	А	L
											D	+ 1 d +		

<u>Across</u>

16. What makes each amino acid unique
17. What proteins contain that fats and carbs do not
18. Cannot be made by

the body

<u>Down</u>

1. The protein in wheat that people are allergic to

2. Adequate energy intake, but not enough protein

3. How amino acids are connected

 Two foods that make up a complete protein
 Altering a

protein's natural shape
6. Offending substance that causes a reaction
7. Lacking all of the essential amino acids
8. Extreme weight loss

9. Building blocks of protein

10. Where protein

digestion begins

11. Having excess H+12. Plants that produce pods with a single row

of seeds

13. Having too few H+

14. Only consumes

plant-based foods

15. Common allergy for kids