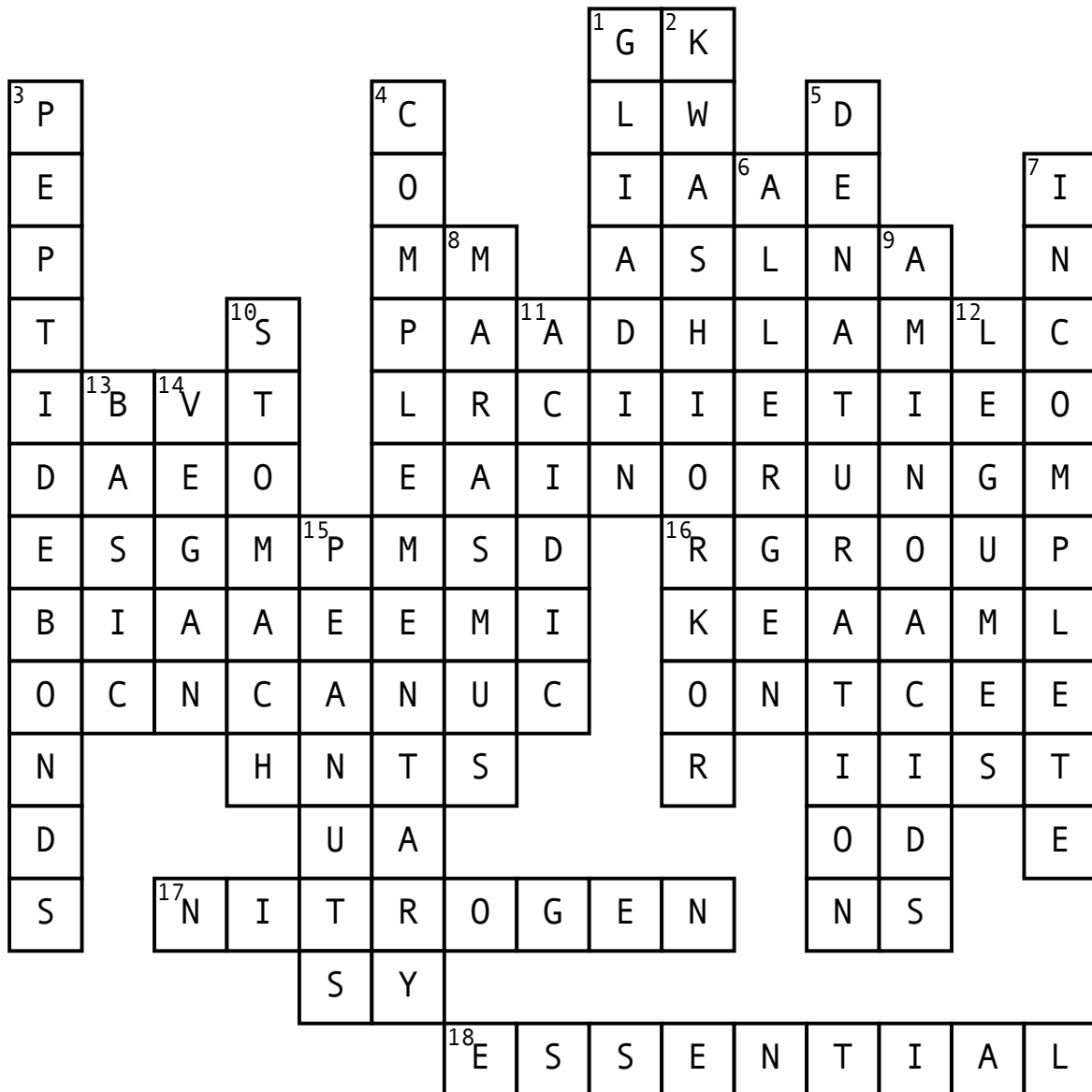


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Protein



## Across

- 16.** What makes each amino acid unique  
**17.** What proteins contain that fats and carbs do not  
**18.** Cannot be made by the body

## Down

- 1.** The protein in wheat that people are allergic to

- 2.** Adequate energy intake, but not enough protein  
**3.** How amino acids are connected  
**4.** Two foods that make up a complete protein  
**5.** Altering a protein's natural shape  
**6.** Offending substance that causes a reaction  
**7.** Lacking all of the essential amino acids  
**8.** Extreme weight loss

- 9.** Building blocks of protein  
**10.** Where protein digestion begins  
**11.** Having excess H<sup>+</sup>  
**12.** Plants that produce pods with a single row of seeds  
**13.** Having too few H<sup>+</sup>  
**14.** Only consumes plant-based foods  
**15.** Common allergy for kids