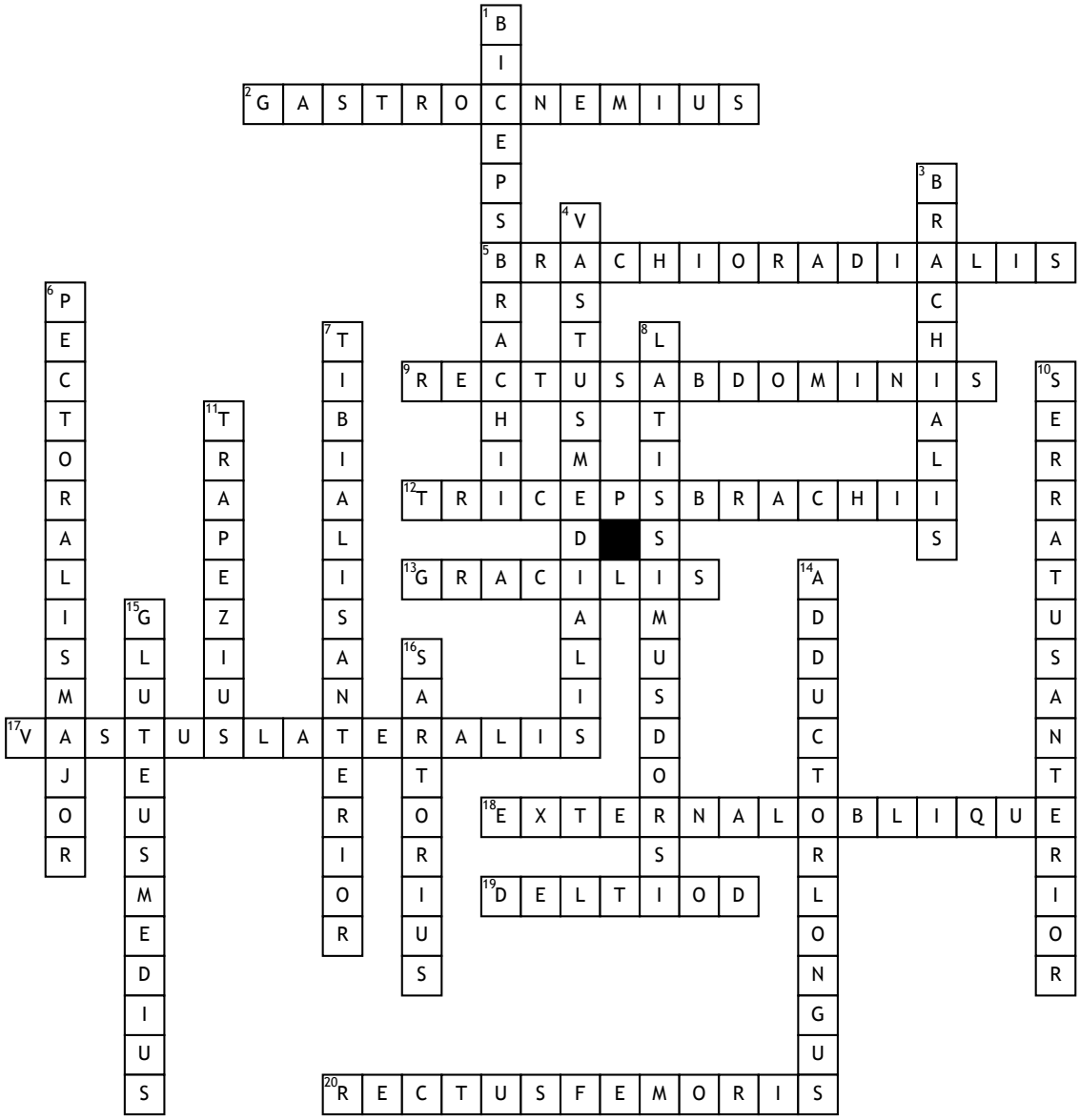
The Muscle System



Across

2. calf muscle

5. acts to flex the forearm at the elbow

9. 6 pack

12. underside of forearm

13. aids adductor longus in thigh adductor

17. top of thigh, quadricep

18. large flat muscle on either side of the abdomen

19. On shoulder, Gives shoulder round shape

20. middle of the front of the thigh

Down

1. flexes forearm

3. flexes elbow joint

4. aids in knee extension

6. chest

7. runs down outside of the shin

8. muscles from vertebral column to humerus

10. over the rids under the arms

11. top of the neck, down to the shoulder

14. indise of thigh

15. top part of buttocks

16. largest muscle in the body, runs down length of thigh