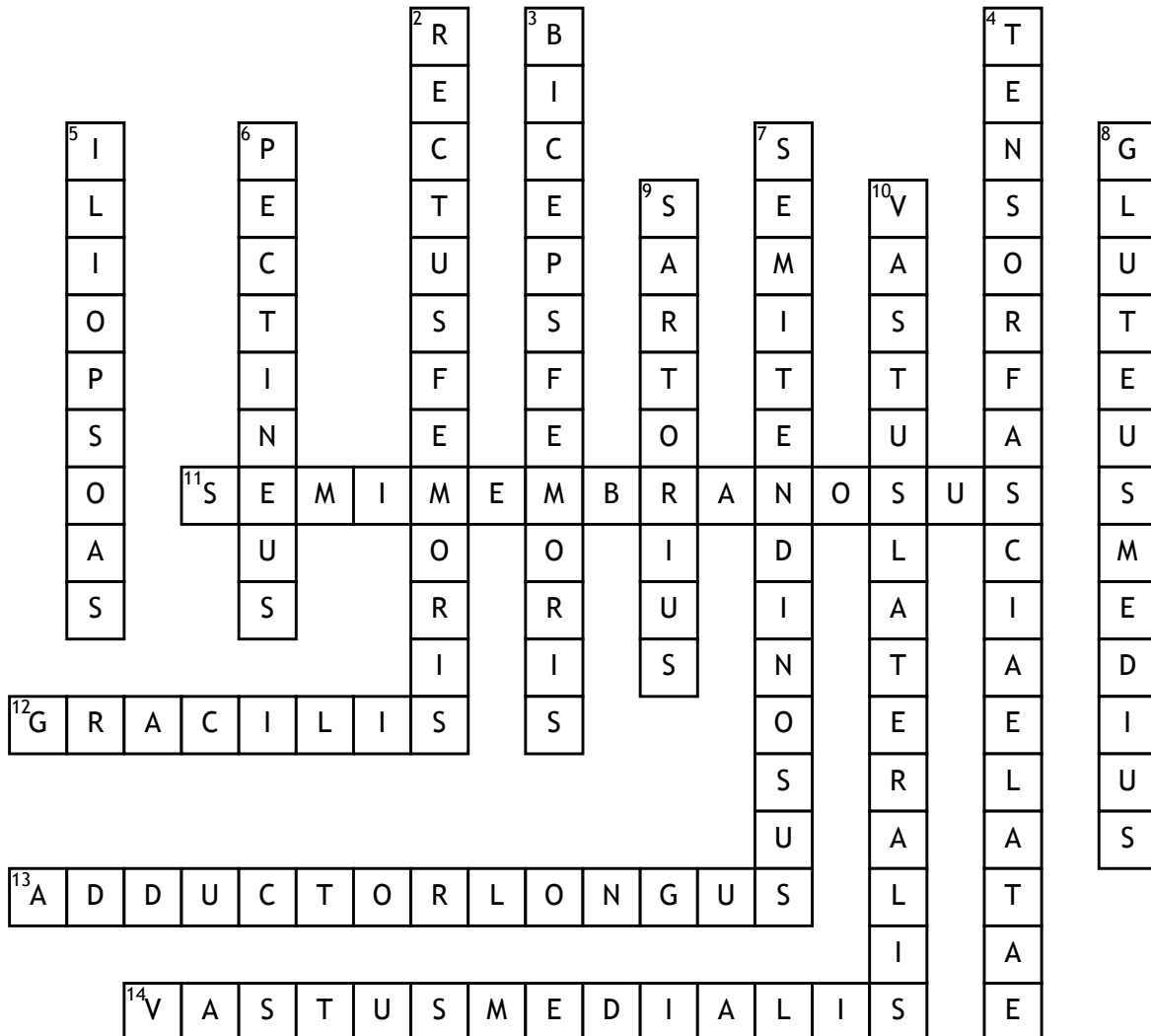


Date: \_\_\_\_\_

<sup>1</sup>	G	L	U	T	E	U	S	M	A	X	I	M	U	S
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- 1. located in the buttocks and is responsible for the movement of the hip and thigh
- 11. flexes the leg at the knee
- 12. starts at groin and extends to tibia, is responsible for hip adduction
- 13. adducts thigh and forms the medial wall of the femoral triangle
- 14. most medial, or inner, of the quadriceps muscles and extends the entire length of the thigh

2. muscle attaches to the hip and helps to extend or raise knee
3. occupies posterior section of the thigh and important for knee flexion and hip extension
4. aids in the lateral rotation of the tibia
5. made up by psoas major and iliacus, stabilizes back
6. most anterior adductor of the hip

7. lies between the semimembranosus muscle and biceps femoris, for flexing the knee and extending the hip
8. located in the buttocks and supports the body on one leg
9. longest muscle in the entire human body, is an important flexor and rotator of the thigh
10. largest and most powerful part of the quadriceps and allows body to rise up from squatting position