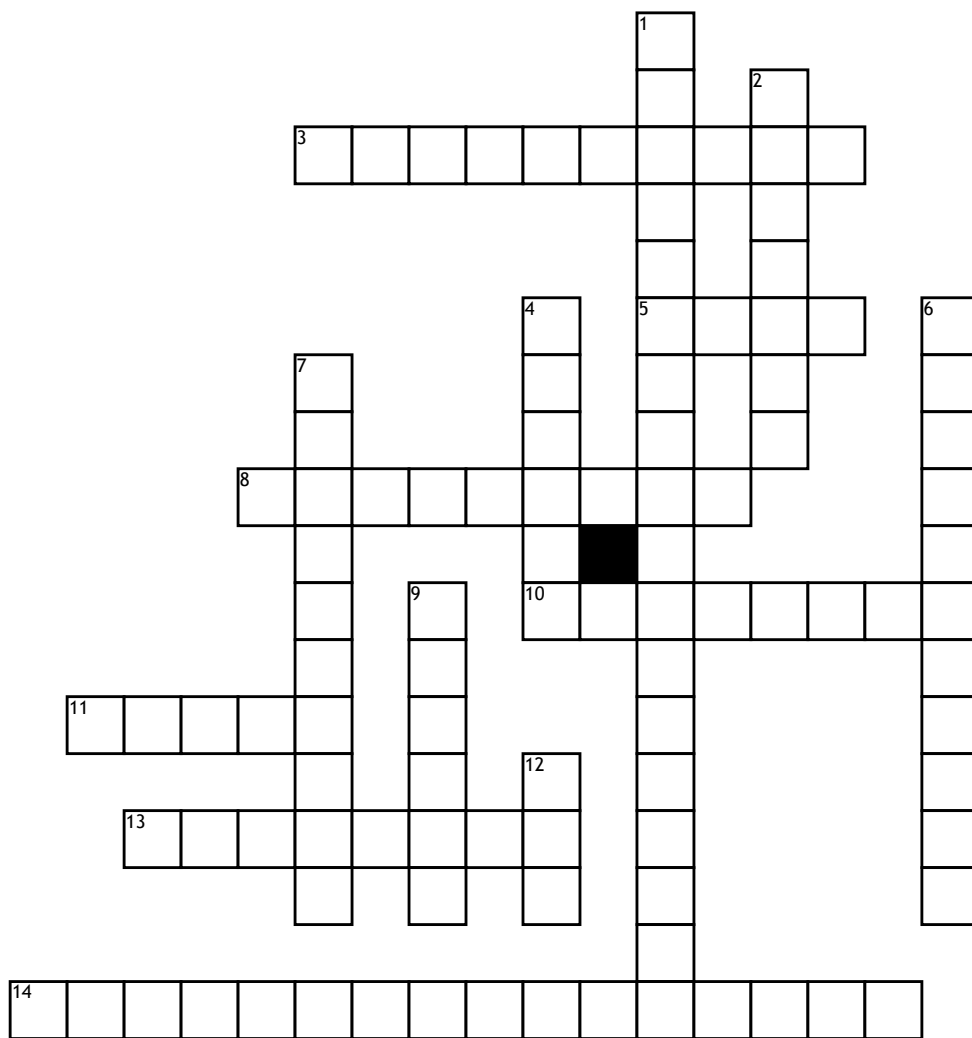


Name: _____

Date: _____

Crossword Time



Across

3. Making partner tap
5. Partner performing technique
8. One leg trapped
10. A throw or way to get your partner to the mat
11. A dominant position

13. Fun walk on the knees

14. Controller of the match

Down

1. Supported foot lift-pull throw

2. The ability to breathe and maintain focus

4. Stretch to open hips

6. Signifying fairness and respect

7. Movement to change positions

9. Straight arm submission

12. Partner being thrown

Word Bank

DOMINANTPOSITION
CONTROL
TAKEDOWN
ARMBAR

SUBMISSION
SASAETSURIKOMIASHI
MOUNT
UKE

TRANSITION
SUMOWALK
HALFGUARD

SMOUNT
SLAPANDBUMP
TORI