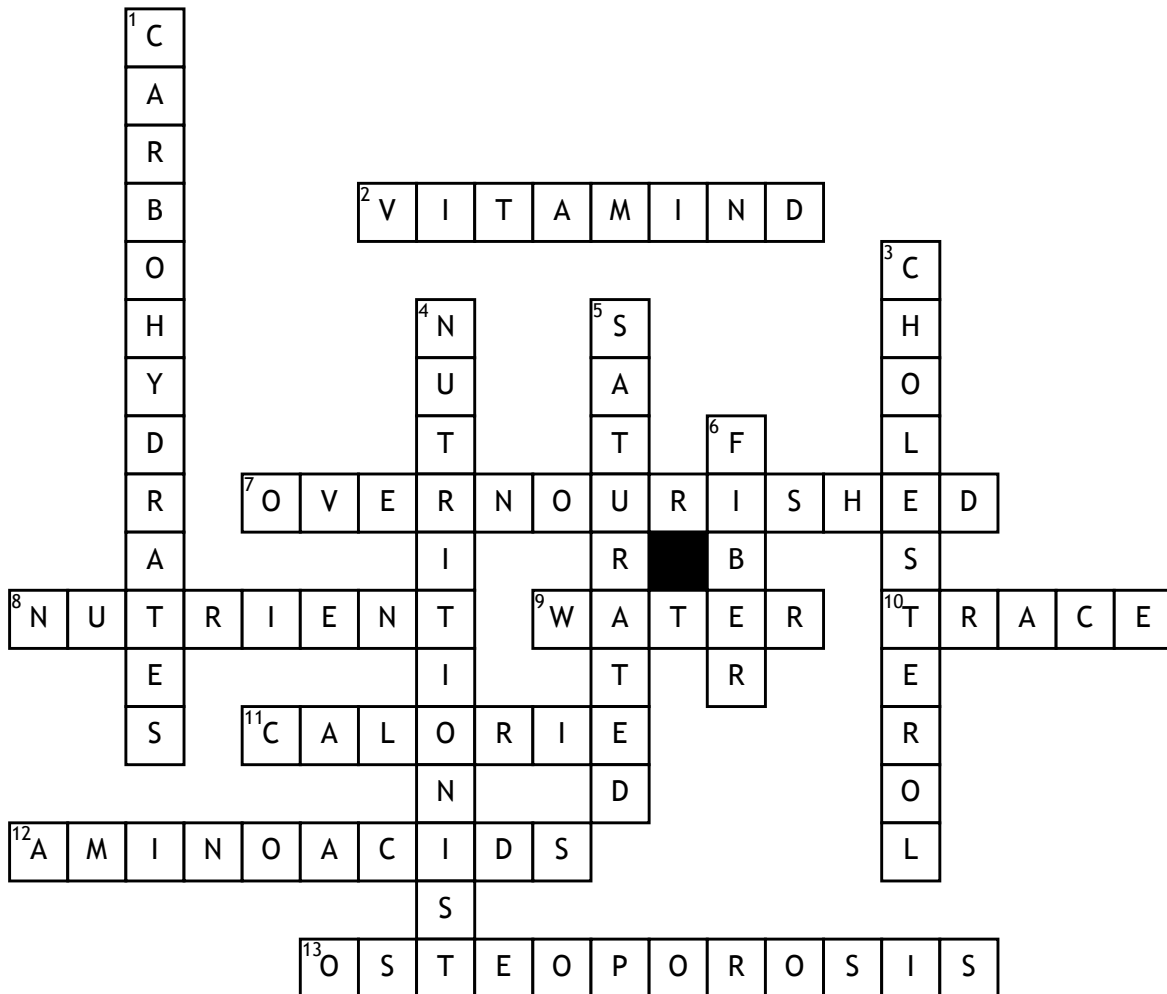


Name: \_\_\_\_\_ Date: \_\_\_\_\_ Period: \_\_\_\_\_

# Digestion/Nutrition Unit



## Across

- 2. needed for your body to process calcium
- 7. when you eat too many nutrients
- 8. chemicals found in food that nourish your body
- 9. can only live about 3 days without this nutrient

- 10. minerals needed in small quantities

- 11. a unit of energy that is used by the body
- 12. building blocks of proteins
- 13. prevented by getting enough calcium

## Down

- 1. supply energy to the body

- 3. sticky substance produced by our own bodies

- 4. person who studies nutrition
- 5. fat that is in solid form
- 6. carbohydrate that does NOT digest