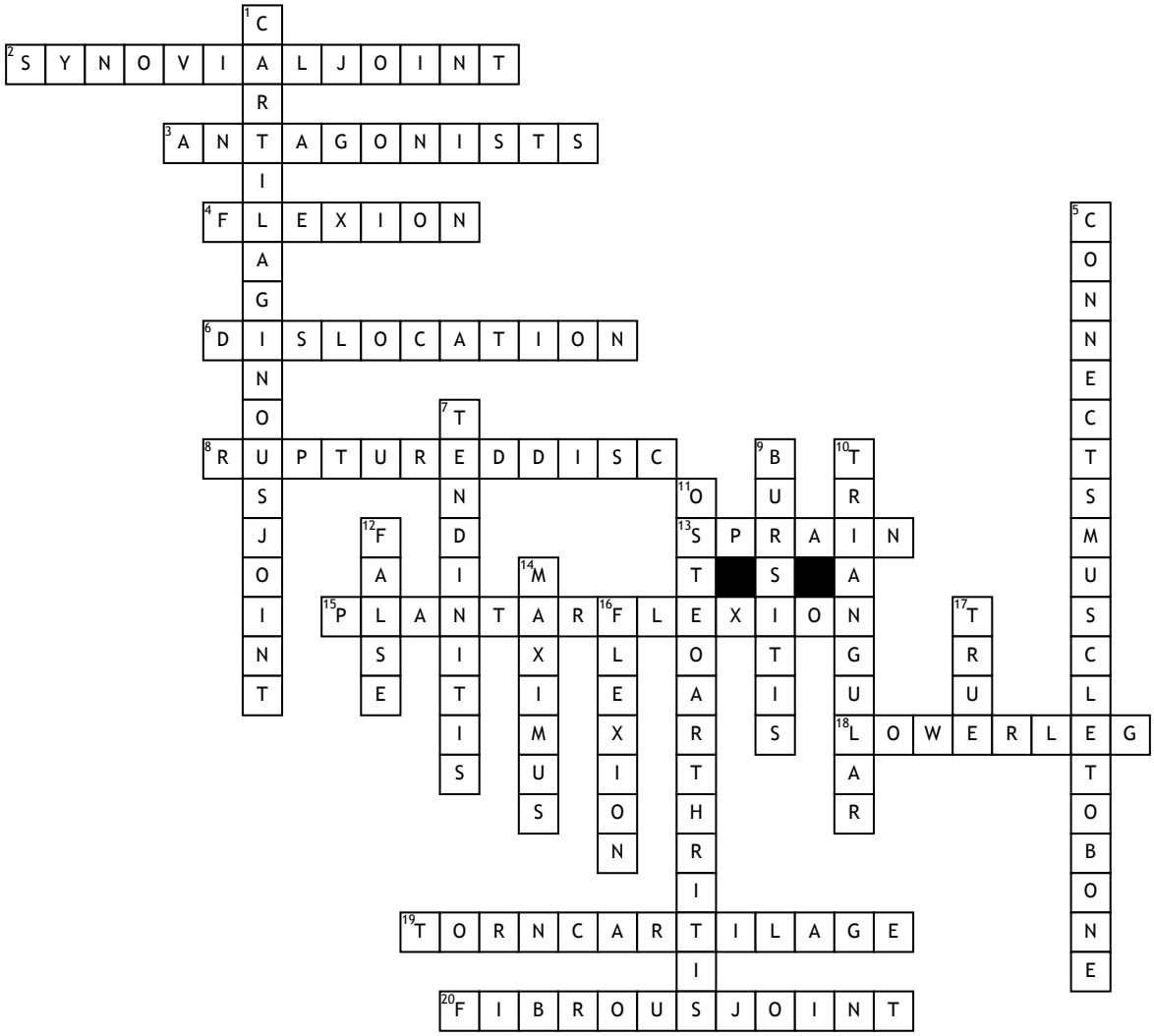
Name: _____ Date: _____

Muscles



Across

2. Freely movable joint

3. Muscle that opposes the action of another

4. Motion of hip when preparing to kick a ball

6. displacement of a part

8. Problem with rubbery cushion of spine

13. Twist of the ligaments

15. Raising up on your tip-toes

18. Where would you expect to find the tibialis anterior

19. Trauma caused by forceful twist or hyper flexing

20. Fibrocartilage pad connects the two bones

Down

1. Immovable

5. What is the origin of the name Achilles tendon

7. Inflammation of tendon

9. inflammation of Bursa

10. What shape is the deltoid muscle

11. Degeneration of joints cartilage

12. The elbow is an example of a hinge joint

14. Of the gluteus maximus, medius, and minimus, which is the largest

16. Motion of knee when preparing to kick a ball

17. The shoulder is an example of a ball and joint socket T or F?