

Name: _____ Date: _____ Period: _____

Emotional and Physical Wellness Quiz

1. ADACRAORCSVUIL cardiovascular
2. GOSYLYPHOC psychology
3. OINTTINRU nutrition
4. SSSERT stress
5. YTEXNIA anxiety
6. CDOENINER endocrine
7. OHOILGYCASPIL physiological
8. IACYLSPH physical
9. EESXRCIE exercise
10. LXIYBTILFE flexibility
11. TRSNGHET stregnth
12. TTOCMASHIOE homeostatic
13. IXARONAE anorexia
14. MLBUIIAL bullimia
15. NEFUSMLDNIS mindfulness
16. DNIOIADCT addiction
17. TCAEBNIENS abstinence
18. DMCOON condom
19. EDTNAL DAM dental dam
20. SNIUOCGENL counseling