

Name: _____

Date: _____

Health Foods

P X D N G I A L D A R K C H O C O L A T E B F T
P I Q V Y H F T T I K T I M G B E J F P V G D E
A I E A J O S Y E L R A B L I O T U N O C O C S
G P M Q Q A J P E A N U T B U T T E R N G A O I
K O M B U C H A Q W I A C H I A S E E D S S S N
E C I U J S S E R P D L O C L N Z D Q L L F T F
I S C S J L Q N O O B Y E W A V M F O E E E D I
A R M R S N E P I K F G S H W E G Y G O D Y L F
C E Y J F J C S G A I Y P E G C N U I A F O I E
A N H E W V Z R H N L J U A G N M B M Q C W P E
P H E K P M B A G W E A B T F E M A D C S M A N
S F Q M E M U E N G W R K G S N M U O Y U T Z R
F S M F R E R G W E N K O R G E W R H X X B U H
N W R R G R L A E M K W Z A G B B M R R A K J N
H C F E O T V A A I W M Z S K V K B D P O L R J
U V D O K O O C K W L B S S J K D D E K H K F C
D F T P C Z A X Z S Z P Y Q B B Q V I H E V D B
L O O A P P A F U J I B N T I U R F E P A R G Q
X J D T O C Y V N R L U A I E A U K I M C H I V
D O Z W R L K W U F O C C Z Y P G T M D Q X W L
L Y D W B O V L X K J E S A E W L Z C H E Z F M
V E Y V S V I C S Y X N P W K M J B P M R Y X Y
R D T P V N E M G S T A O K W H S P K M O W Q G
Q E J W A L X V N C P V I L R E W H K T L T H N

Cold press juice
Maca powder
Wheatgrass
Broccoli
Barley
Kale
Acai

Dark chocolate
Coconut oil
Spirulina
Edamame
Papaya
Oats

Peanut butter
Grapefruit
Raw foods
Legumes
Kimchi
Nuts

Ginger root
Chia seeds
Kombucha
Avocado
Flax
Tofu