

Name: _____ Date: _____

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| 1. STRATEGIES | A. TAKING ACTION |
| 2. RESPECT | B. DIFFERENT SITUATIONS |
| 3. ENCHANCE | C. SHOW CONSIDERATION |
| 4. POSITIVE | D. EMOTIONS |
| 5. DIVERSITY | E. MIRROR |
| 6. SELF-IMAGE CHANGE | F. DIFFERENT PEOPLE |
| 7. HIDDEN POTENTIAL | G. DIGNITY |
| 8. NEW FRIENDS | H. PLAN OF ACTION |
| 9. INSULT | I. SELF-IMAGE |
| 10. VALUE | J. ABOUT YOURSELF |
| 11. JOURNAL | K. CRITICISE |
| 12. STAND UP FOR | L. YOURSELF |