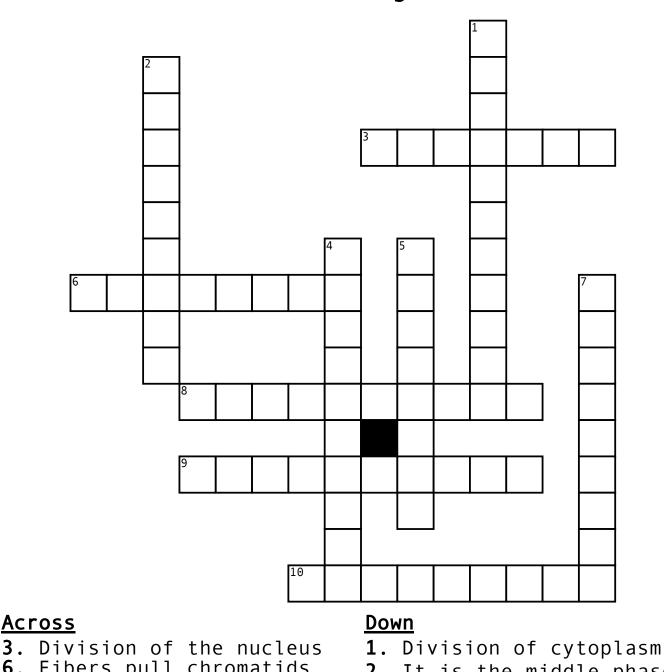
## cell cycle



3. Division of the nucleus
6. Fibers pull chromatids away towards opposite poles
8. Most of the time the cell is in this stage
9. contains general material instructions to direct cell
10. When chromosomes uncoil

## It is the middle phase of the cycle the point on a chromosome by which it is attached to a spindle fiber during cell division Chromatin coils to form chromosomes The sequence of growth and division in a cell