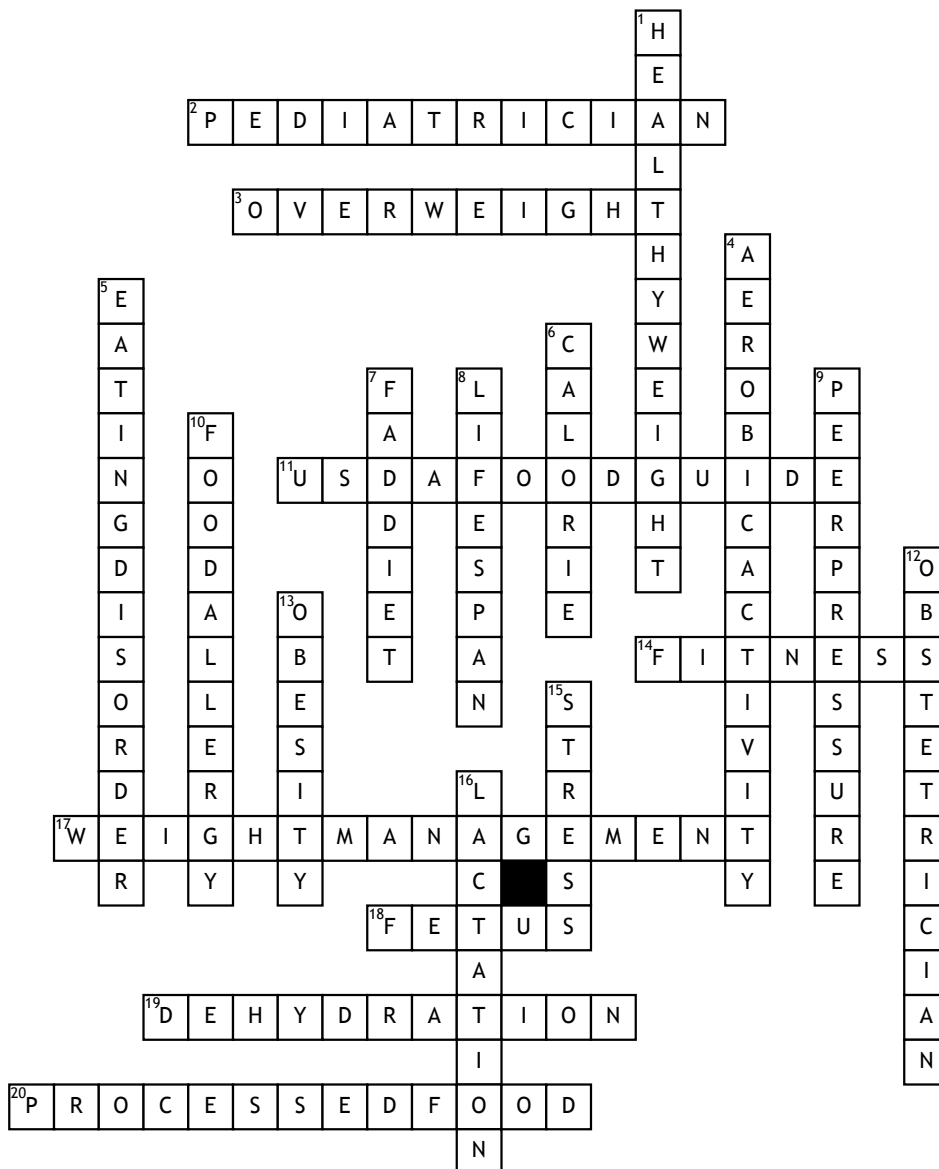


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# key terms



## Across

2. baby doctor
3. a condition where a person is 10% or above normal weight or BMI is 25 thru 29.9
11. a recommended number of daily servings for each food groups
14. the body's ability to meet physical demands
17. using healthy food choices and exercise to maintain a healthy weight
18. unborn baby
19. abnormal loss of body fluids

20. foods that have been canned, frozen, dried, cooked, or fortified

## Down

1. a body mass index of 18.5 to 24.9 in an adult
4. a physical activity that speeds a person's heart rate and breathing
5. abnormal eating behavior that human one physically or mentally
6. the unit used use to measure the amount of energy value in foods
7. a diet that is popular for a short period of time
8. stages of human growth from birth through maturity

9. Influence of people in the same age group

10. a reaction to the body's immune system when exposed to protein in foods

12. doctors who specialize in the care of pregnant women and child birth

13. a condition in which there is excessive fat in the body and the BMI is 30 or more

15. Physical or mental tension causes by a reaction to a situation

16. producing breast milk{breast-feeding}