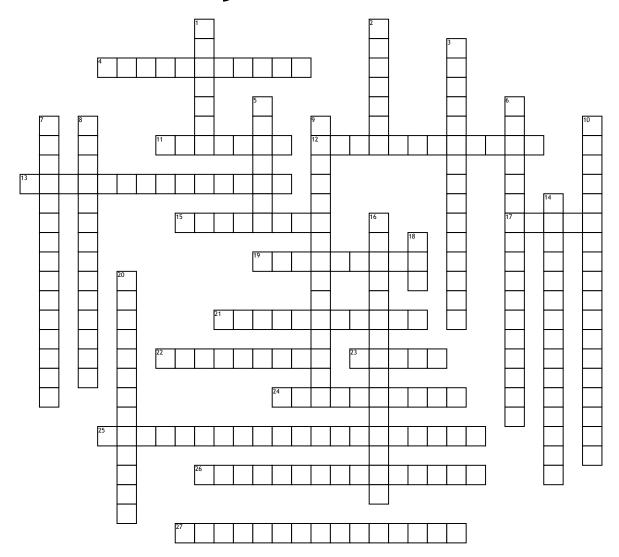
Name:	Date:
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Life Cycle Nutrition



Across

- **4.** a reactions to the bodys immune system when exposed to protein in foods
- **11.** a condition in which there is excessive fat in the body
- **12.** doctors who specialize in the care of childbirth
- **13.** eating behavior that harms one physically or mentally
- 15. stages of human growth from birth through maturity
- 17. a eating disorder where there is large repeated episodes of uncontrolled eating amounts of food
- 19. a thick yellowish fluid
- 21. loss of body fluids
- 22. production breast milk
- 23. unborn baby

- **24.** where is person is 10% or above normal weight
- **25.** making changes to your eating habits to lose weight
- **26.** proportions of bone, muscle, fat and issue that make up body weight
- 27. activity that speeds a persons heart rate and breathing

Down

- 1. used to measure the amount of energy value in foods
- **2.** a diet that is popular for a short period of time
- 3. body cannot control blood sugar levels
- **5.** the body's ability to meet physical demands
- **6.** short intense burst of burning energy

- **7.** enough energy our body needs to stay alive
- 8. repeated binges followed by inappropriate behaviors to prevent weight gain
- **9.** a negative physical reaction to food that does not involve the bodys immune system
- **10.** foods that have more vitamins and minerals compared to the number of calories it supplies
- **14.** where the person starves themselves
- **16.** a vigorous activity that causes the heart rate to increase
- **18.** determine if overweight or obesity **20.** a body mass
- intense burst of burning