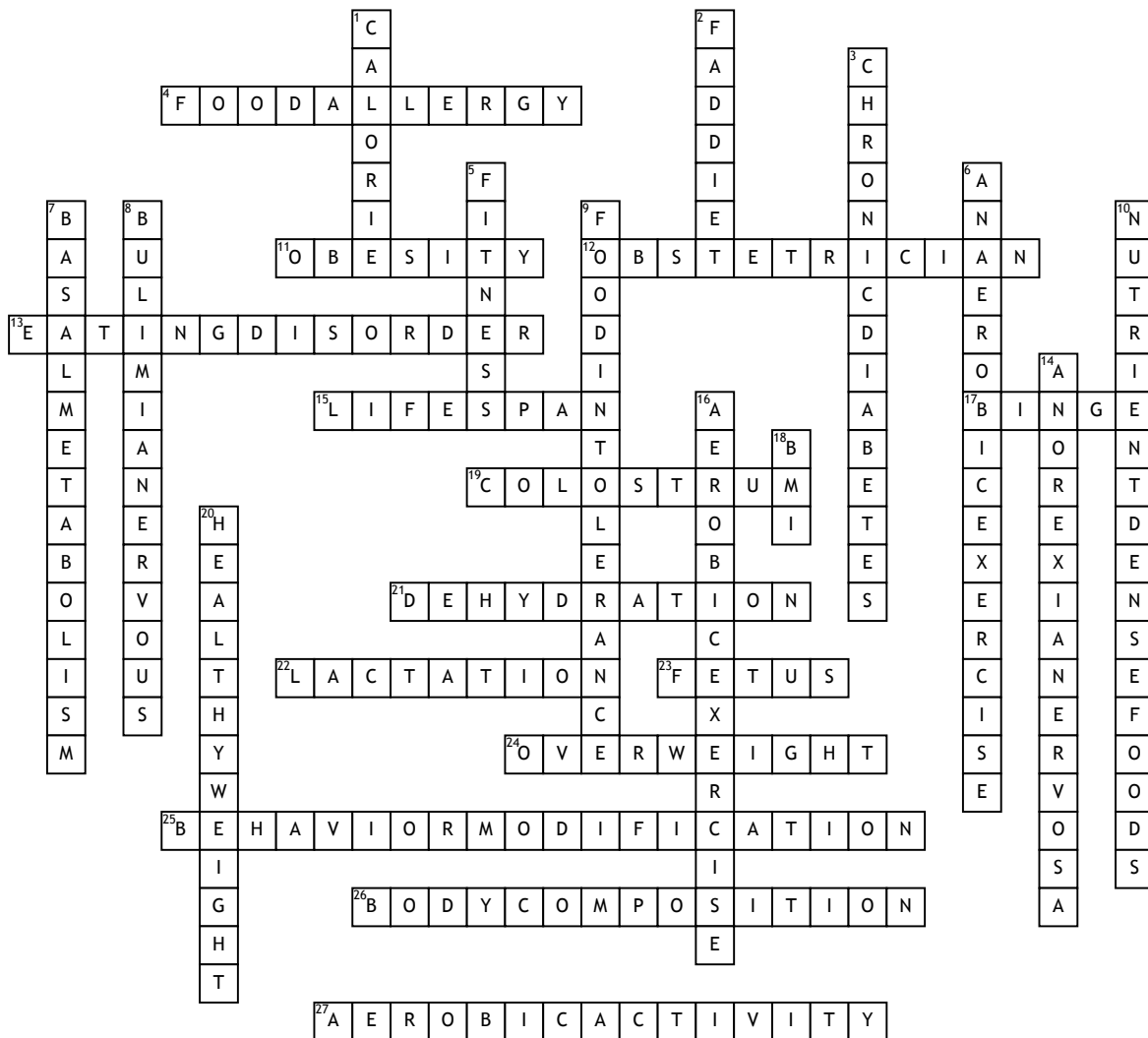


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Life Cycle Nutrition



## Across

4. a reactions to the bodys immune system when exposed to protein in foods  
 11. a condition in which there is excessive fat in the body  
 12. doctors who specialize in the care of childbirth  
 13. eating behavior that harms one physically or mentally  
 15. stages of human growth from birth through maturity  
 17. a eating disorder where there is large repeated episodes of uncontrolled eating amounts of food  
 19. a thick yellowish fluid  
 21. loss of body fluids  
 22. production breast milk  
 23. unborn baby

24. where is person is 10% or above normal weight

25. making changes to your eating habits to lose weight

26. proportions of bone,muscle,fat and issue that make up body weight

27. activity that speeds a persons heart rate and breathing

## Down

1. used to measure the amount of energy value in foods

2. a diet that is popular for a short period of time

3. body cannot control blood sugar levels

5. the body's ability to meet physical demands

6. short intense burst of burning energy

7. enough energy our body needs to stay alive

8. repeated binges followed by inappropriate behaviors to prevent weight gain

9. a negative physical reaction to food that does not involve the bodys immune system

10. foods that have more vitamins and minerals compared to the number of calories it supplies

14. where the person starves themselves

16. a vigorous activity that causes the heart rate to increase

18. determine if overweight or obesity

20. a body mass