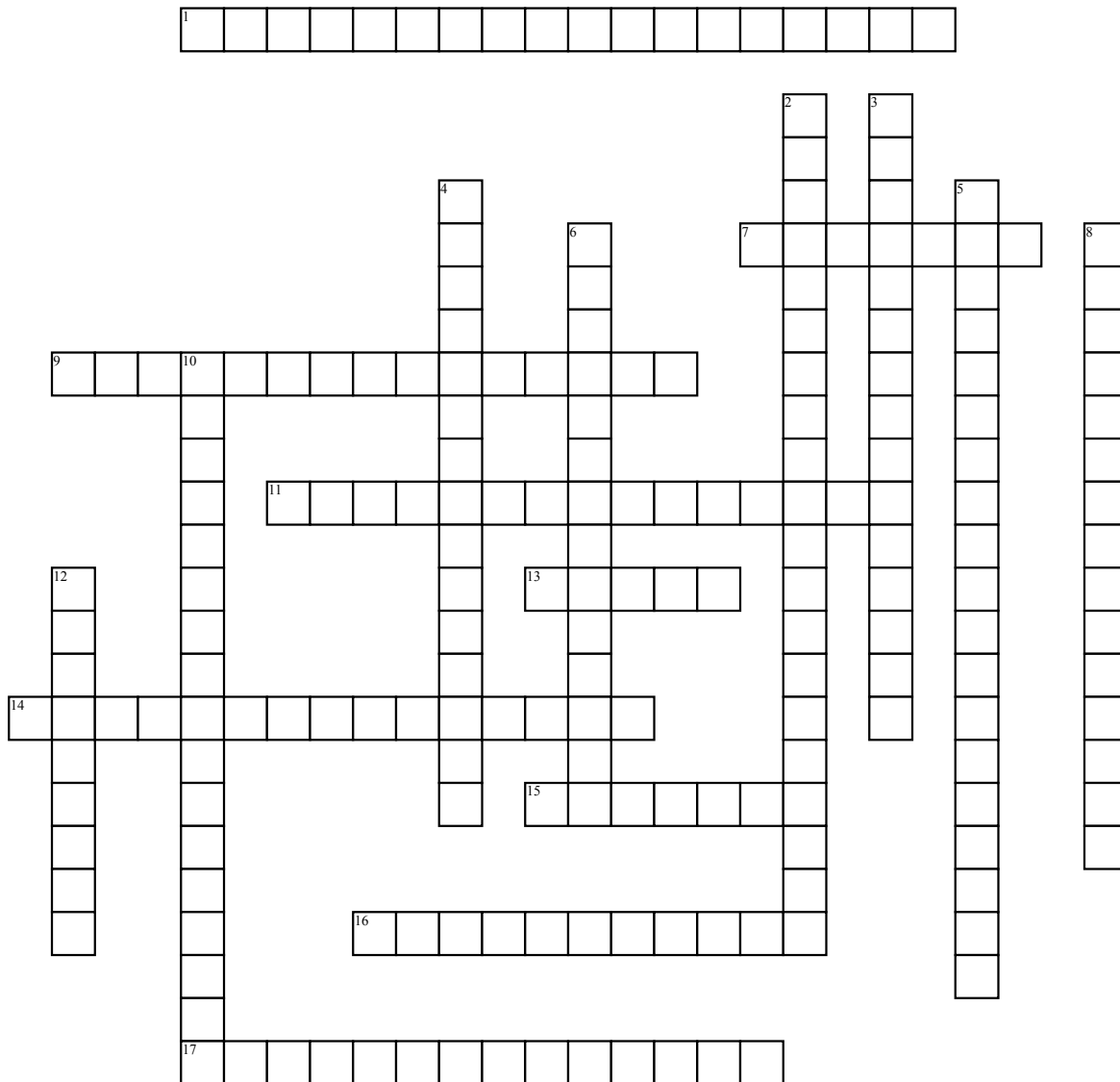


Name: _____ Date: _____ Period: _____

foods 1



Across

- 1. Weight and height to determine overweight or obesity
- 7. The amount of energy value in foods
- 9. Body needs to stay alive and carry on vital functions
- 11. A person that starves themselves
- 13. Unborn baby
- 14. Fat and tissue that make up body weight

15. Diet that is popular for a short period of time

16. loss of body fluids

17. Behavior that harms one physically or mentally

Down

- 2. Eating habits and activities in order to eating amounts of food
- 3. Blood cannot control blood sugar levels
- 4. Heart rate to increase for at least 20 minutes

5. Large repeated episodes of uncontrolled eating amounts of food

6. Inappropriate behaviors to prevent weight gain

8. a person's heart rate and breathing

10. Short intense burst of burning energy

12. Antibodies in breast milk and it will protect the body from infection