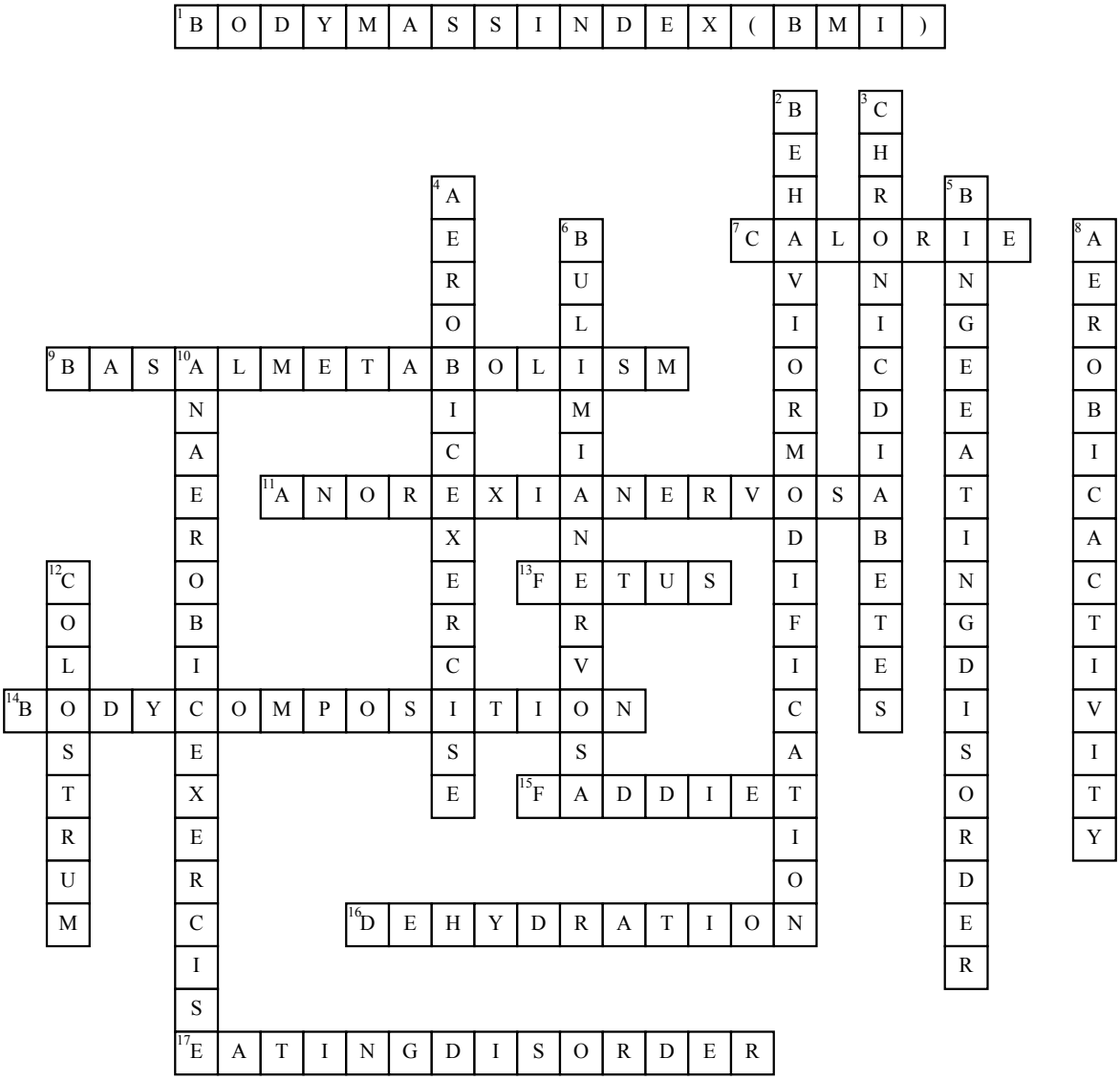
Name: _____ Date: _____ Period: _____

foods 1



Across

1. Weight and height to determine overweight or obesity

7. The amount of energy valie in foods

9. Body needs to stay alive and carry on vital loose out

11. A person that starves themselves

13. Unborn baby

14. Fat and tissue that make up body weight

15. Diet that is popular for a short period of time

16. loss of body fluids

17. Behavior that harms one physically or mentally

Down

2. Eating habits and activities in order to eating amounts of food

3. Boold cannot contron blood sugar levels

4. Heart rate to increase for at least 20 minutes

5. Large repeated episodes of uncontrolled eating amounts of food

6. Inappropriate behaviors to prevent weight gain

8. a person's heart rate and breathing

10. Short intense burst of burning energy

12. Antibodies in breast milk and it will protect the body from infection