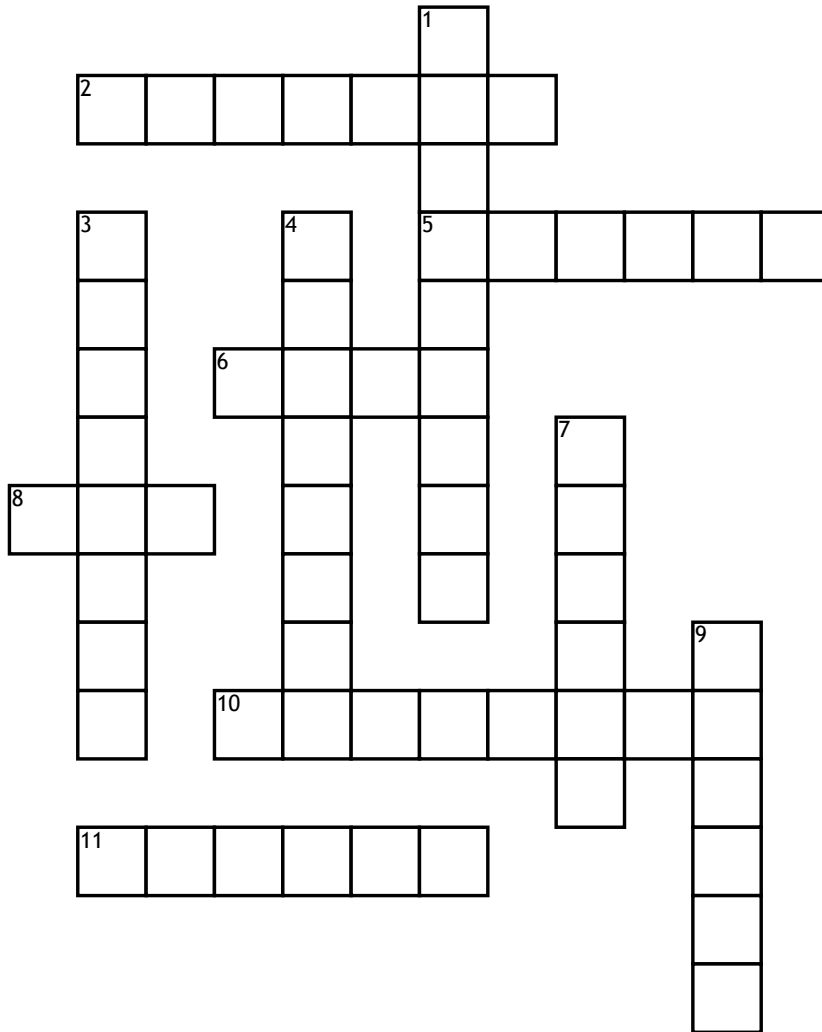


Martial Arts



Across

- 2. Military
- 5. Empty hand
- 6. Relatively modern Japanese martial art with goal to either throw or takedown one's opponent
- 8. Full contact sport that allows a variety of fighting styles to be used
- 10. Uses elbows and knees in addition to hands and feet for strikes and kicks
- 11. Chinese martial arts

Down

- 1. Korean art of self-defense, one of the oldest forms of martial arts
- 3. Hand-to-hand combat system developed in Israel
- 4. Grappling Japanese martial art
- 7. Internal martial art using slow motion postures
- 9. Means subtle breath or vital energy through steady practice

Word Bank

KUNGFU
MARTIAL
JUDO

QIGONG
MMA
KRAVMAGA

KARATE
TAICHI
TAEKWONDO

JIUJITSU
MUAYTHAI