**Across**

6. Using pills that contain hormones that suppress the normal development and release of eggs and/or alter the uterine lining so that pregnancy cannot occur

7. Hormone capsules are embedded under the skin of a woman’s upper arm which prevent ovaries from releasing eggs

8. Surgical sterilization procedure for males – severing the tubes that carry sperm to the penis and tying the ends

9. Inserting special foam, cream or jelly into the vagina to kill the sperm before entering the uterus

10. Surgical sterilization procedure for females – cutting or tying the fallopian tubes so that the sperm and egg will not meet

11. Using a chemically treated sponge that fits over the opening of the cervix to prevent sperm from reaching the egg

12. Wearing a hormone-releasing patch on the female’s arm for three weeks out of every cycle

13. Inserting a hormonal, bendable ring that releases hormones into the vagina

**Down**

1. Plastic or metal device (some versions release hormones) that is inserted into the uterus by a physician

2. Planning not to have intercourse during the fertile period of the female’s cycle

3. Wearing a sheath of thin latex rubber on the penis during intercourse to prevent sperm from entering the vagina

4. Avoiding sexual intercourse; 100% effective

5. Receiving a shot of synthetic hormone drug that prevents egg cells from being released

6. Inserting a latex cup into the vagina to prevent sperm from reaching the uterus; best used with a spermicide